

Visual Developmental Sequence Checklist for “Typically Developing” Children

Developmental Age	Visual Skills
Birth - 1 month	<ul style="list-style-type: none"><input type="checkbox"/> Stares at lights, windows & bright walls<input type="checkbox"/> Blinks when light is too bright<input type="checkbox"/> Pupils get smaller with lights on & larger when lights dim, equal in size<input type="checkbox"/> Looks at faces/objects briefly may stop activity, i.e., sucking or moving<input type="checkbox"/> Seems to focus best on objects 10” from face or further.<input type="checkbox"/> Visually follows or tracks a slowly moving object horizontally
1 to 3 months	<ul style="list-style-type: none"><input type="checkbox"/> Fixates on object within field of vision from 5” to as close as 3”<input type="checkbox"/> Eye contact increases<input type="checkbox"/> Smiles when looking into face of a person who is talking or smiling<input type="checkbox"/> Interest on high contrast patterns<input type="checkbox"/> Visually inspects hands and nearby surroundings<input type="checkbox"/> Shows visual preference for people or objects<input type="checkbox"/> Will turn to an object brought in from the side<input type="checkbox"/> Can tilt head to look at objects above and below
3 to 5 months	<ul style="list-style-type: none"><input type="checkbox"/> Beginning to look at objects in hands.<input type="checkbox"/> Most objects within reach are looked at and reached for<input type="checkbox"/> Visually attends to objects at distances from 5” – 20”<input type="checkbox"/> Follows or tracks an object vertically or a fast moving object<input type="checkbox"/> Moves head or eyes to sound<input type="checkbox"/> Looks for toys that go out of sight<input type="checkbox"/> Fixates on objects at 3 feet<input type="checkbox"/> Looks at small objects and details<input type="checkbox"/> Accurately reaches for objects
5 to 7 months	<ul style="list-style-type: none"><input type="checkbox"/> Binocular eye movements are well developed report deviations<input type="checkbox"/> Prefers to look at more complex and real pictures<input type="checkbox"/> Looks in a mirror and may smile, pat, or kiss image<input type="checkbox"/> Visually discriminates strangers<input type="checkbox"/> Responds to a variety of facial expressions<input type="checkbox"/> Laughs at peek-a-boo games
7 to 12 months	<ul style="list-style-type: none"><input type="checkbox"/> Tracks objects with eyes rather than just head<input type="checkbox"/> Fixates on facial expression and imitates<input type="checkbox"/> Reaches for small objects such as pieces of cereal<input type="checkbox"/> Recognizes some pictures
12 to 18 months	<ul style="list-style-type: none"><input type="checkbox"/> Identifies likenesses and differences<input type="checkbox"/> Makes linear marks on paper<input type="checkbox"/> Looks toward indicated objects when requested<input type="checkbox"/> Looks at picture books and turns pages
18 months to 3 years	<ul style="list-style-type: none"><input type="checkbox"/> Looks behind the mirror when looking at own reflection<input type="checkbox"/> Differentiates, discriminates and identifies familiar objects<input type="checkbox"/> Imitates simple actions<input type="checkbox"/> Imitates vertical, horizontal, and circular marks on a paper<input type="checkbox"/> Matches pictures to objects and pictures to pictures<input type="checkbox"/> Matches colors, circle, square, and triangle<input type="checkbox"/> Identifies body parts on dolls or picture