

Proactive Solutions: Understanding Students with Social, Emotional and Behavioral Challenges

October 5, 2017 - 9:00 a.m. to 3:30 p.m.

PaTTAN Harrisburg - Live Downlinks – PaTTAN East, PaTTAN Pittsburgh, Northwest Tri-County IU 5, Tuscarora IU 11, Philadelphia IU 26

This training event features Dr. Ross Greene's Collaborative and Proactive Solutions (CPS) for working with behaviorally challenging students as described in his influential books *The Explosive Child*, *Lost at School*, *Lost & Found*, and *Raising Using Beings*. The CPS model has transformed thinking and practices in countless families, schools, inpatient psychiatry units, and residential and juvenile detention facilities throughout the world, and has been associated with dramatic reductions in adult-child conflict, challenging behaviors, disciplinary referrals, detentions, suspensions, seclusions, and restraints.

The CPS model represents a significant departure from disciplineas-usual. It focuses on solving problems rather than on modifying behavior; emphasizes collaborative rather than unilateral solutions; encourages proactive rather than reactive intervention; de-emphasizes diagnostic categories; and provides practical, research-based tools for assessment and intervention.

Participants attending this training will leave with an understanding of the underpinnings of the CPS model, its refinements over the past 8-10 years, and practical assessment and intervention tools that can be brought back to and used in diverse settings.

Objectives:

- Describe how explanations for and interpretations of challenging behavior in students can lead to dramatically different approaches to intervention
- Define how and why conventional reward and punishment procedures may not be effective for many challenging kids
- Identify and assess the various cognitive skills that are central to adaptively handling life's social, emotional, and behavioral challenges
- Identify and prioritize unsolved problems precipitating challenging behavior
- Describe the three basic mechanisms by which adults handle unsolved problems and unmet expectations in kids
- Define the three steps or "ingredients" of Plan B as defined by the CPS model
- Describe how to effectively implement Plan B to solve problems, teach skills, and reduce the frequency and intensity of challenging behavior

Presenter: Dr. Ross Greene, Ph.D.

Registration Information:

Please register online by visiting the PaTTAN website at www.pattan.net.

For content information, contact:

Tina Lawson, PaTTAN East, 1(800) 441-3215 ext. 7254 or tlawson@pattan.net

For registration information, contact:

Karen Weaver, PaTTAN Pittsburgh, 1(800) 446-5607 ext. 6842 or kweaver@pattan.net

Target Audience:

Parents; Teachers of Emotional Support Students; Special Educators; School Counselors; General Education Teachers; Administrators

- Key themes/key questions
- Why are challenging kids challenging?
- Explanations for challenging behavior
- When are challenging kids challenging?
- The clash of two forces
Break
- Identifying lagging skills and unsolved problems
- The assessment of lagging skills and unsolved
problems
 Keeping track: The problem-solving plan
Lunch on your own
- Overview of plans A and B
 Plan B - The empathy step: Drilling for
information and other topics
Break
 Satisfactory solutions - The define adult concerns step: How is the problem affecting the child and/or others?
 The invitation step: Reaching realistically and mutually

Special Topics

- Implementation in systems: Start small
- · Plan B with kids with language processing and communication delays
- How are the skills trained?

Credits Offered: Act 48 and Psych



Individuals attending this event must arrive on time and stay the duration of the event in order to receive Act 48 Professional Education hours. Requests for exceptions are to be brought to the attention of the individual's Superintendent or IU Director prior to the event. This event is offered for 5 Act 48 hours.



PaTTAN is approved by the Pennsylvania State Board of Psychology to offer continuing education for psychologists. PaTTAN maintains responsibility for the program(s). [5] CEs are offered for this event.

Follow PaTTAN on Twitter

To receive information "tweets" about upcoming training, new publications, and other special education news, go to the PaTTAN website at <u>www.pattan.net</u> and click to Follow PaTTAN or Twitter!

