

# Watch **ME** Grow!



Every child grows and learns new skills at his or her own pace. Children can vary in skills and development. You know your child better than anyone else. If you have concerns about your child's development, early intervention can help.

Early Intervention in Pennsylvania Statewide CONNECT Line:  
Linking families to early intervention services and support.  
1-800-692-7288 | [www.papromiseforchildren.org](http://www.papromiseforchildren.org)

## What is Early Intervention?

Early intervention (EI) in Pennsylvania consists of services and supports designed to help families with children who have developmental delays or disabilities. EI services can include; information about how children develop, parent or caregiver education, family supports, and developmental and instructional therapies that assist in child development. Early intervention builds upon the natural learning that occurs in the first few years. It is a process that promotes collaboration among parents, service providers and others who are involved with the child.



*The following skills give a picture of what a child may be able to do at a given age. Look at the skills with your child's age and if you have concerns about development contact early intervention. This is only a brief list of developmental stages not a complete list of milestones.*

By  
**6**  
months

- Knows familiar faces, smiles, makes cooing sounds
- Lifts head, begins to roll over, holds toy briefly
- Likes to watch their own hands and looks at things around them
- Wants to try new foods, seems excited about being fed
- Can bring both hands to center, plays with toes, holds head up and rolls

By  
**1**  
year

- Rolls a ball, looks for dropped toys
- Likes to play with a toy, can use a cup with help
- Sits up, creeps or crawls, pulls up to stand
- Says and understands a few words
- Starts to stand alone

By  
**18**  
months

- Starts to say several words, makes noises as if talking
- Rolls a ball, does things they see others do
- Takes off some clothes, puts things in a box
- Uses a cup, spoon, and kicks a ball
- Starting to run and climb chairs



## Who is eligible?

Infants, toddlers, and preschool children who have special needs due to a developmental delay or disability are eligible to receive early intervention services.

## Where do children and families receive supports and services?

Services may be provided during the child's daily activities at home or in the community, at child care centers, preschools, play groups and Head Start programs.

By  
**2**  
years

- Speaks several words together
- Feeds self with spoon and drinks from cup
- Points to body parts when asked
- Kicks a ball, walks up and down stairs
- Likes to hear stories, plays alone for short time

By  
**3**  
years

- Enjoys pretending with toys and adults
- Easily picks up very small objects
- Uses three word sentences
- Enjoys playing with children but may be shy
- Puts on coat, shoes and hat

By  
**4**  
years

- Tells little stories
- Understands concept of some numbers and colors
- Speaks in longer phrases/sentences
- Dresses and feeds self
- Gets along and plays with other children

By  
**5**  
years

- Matches spoken words with pictures
- Follows directions that have two steps
- Speaks clearly and can be understood by others in the family
- Recognizes and copies some shapes and letters
- Counts to ten



## Local Early Intervention Program

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