

# Community Participation Supports

August 2017

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## Waivers Renewal Timeline



### 2015

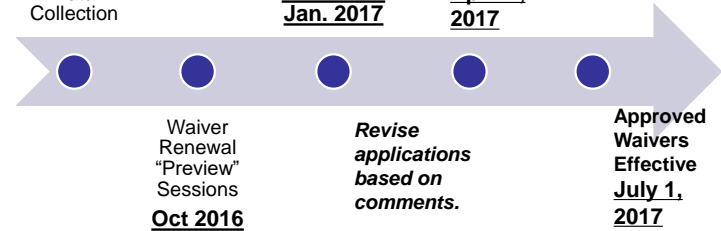
Public  
Forums,  
Research,  
Data  
Collection

Public  
Comment  
Period

Dec 2016-  
Jan. 2017

Submit  
Applications  
to CMS

April 1,  
2017

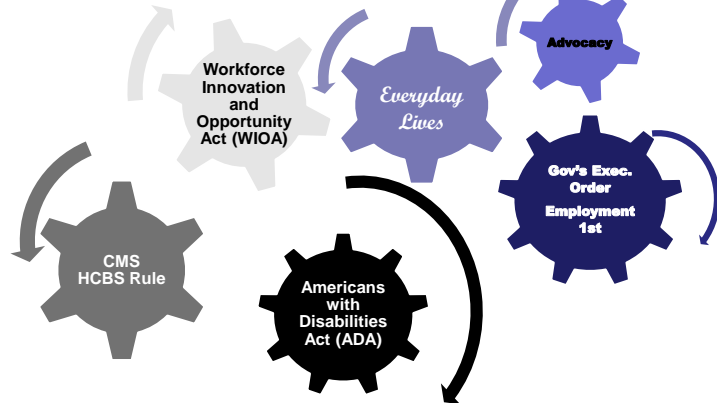


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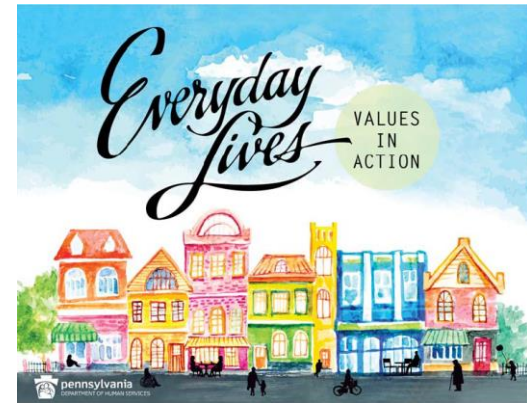
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## Drivers of Change



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## Everyday Lives Values In Action 2016



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## Everyday Lives Values In Action 2016



### **Recommendation 11: Increase Community Participation**

Being involved in community life creates opportunities for new experiences and interests, the potential to develop friendships and the ability to make a contribution to the community. An inter-dependent life, where people with and without disabilities are connected, enriches all of our lives.

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## Change of Service



Licensed Day  
Habilitation

Prevocational




**Community  
Participation  
Supports**



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### COMMUNITY PARTICIPATION SUPPORTS

The service should result in the person:


- Increasing potential for employment;
- Developing and sustaining a range of valued social roles and relationships;
- Building natural supports;
- Increasing independence; and
- Experiencing meaningful community participation and inclusion.



### HCBS Settings Rule


- Provides [opportunities to seek employment and work in competitive integrated settings](#), engage in community life, and control personal resources
- Is selected by the individual from among setting options, [including non-disability specific settings](#)
- Ensures the individual receives services in the community to the [same degree of access](#) as individuals not receiving Medicaid HCBS

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### The purpose of the Community Participation Support service

is to broaden the types of life-long learning experiences available to individuals receiving services. **Providers must be prepared to offer community activities no less than 25% of the person's time in the program.**

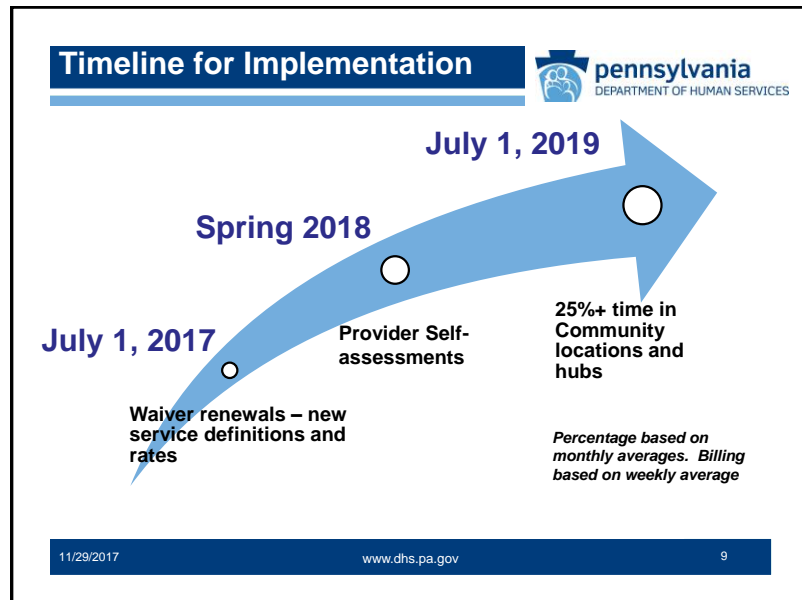


### HCBS Settings Rule

- Maximize opportunities for individuals to have [access to the benefits of community living and the opportunity to receive services in the most integrated setting](#)
- Is [integrated in and supports access to the greater community](#);

**The choice whether to participate in community activity, the amount and frequency will remain with the person.**

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### The Community Participation Support service broadens the types of life-long learning experiences available to individuals receiving services.

- ☒ Volunteering
- ☒ Career Exploration
- ☒ Adult education
- ☒ Health and wellness

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## Planning and Coordination



### **The service includes planning and coordination for:**

1. Developing basic skills and competencies necessary for an individual to pursue competitive integrated employment.
2. Promoting a spirit of personal reliance and contribution, mutual support and community connection.
3. Developing social networks and connections within local communities

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## Planning and Coordination (cont.)



4. Emphasizing, promoting and coordinating the use of unpaid supports to address individual and family needs in addition to paid services. Supports provided may include development of a comprehensive analysis of the person in relation to following:
  - Strongest interests and personal preferences
  - Skills, strengths, and other contributions likely to be valuable to employers or valuable to the community
  - Conditions necessary for successful community inclusion and/or competitive integrated employment

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## WHAT SUPPORT IS PROVIDED



- Prevocational skill development;
- Participation in community activities, groups, associations, or clubs to develop social networks with community organizations and clubs;
- Identification of and participation in activities that provide purpose and responsibility; Building and maintaining relationships and social networks that provide friendship and support;
- Participation in community opportunities related to the development of hobbies or leisure/cultural interests or to promote personal health and wellness (e.g. yoga class, hiking group, walking group, etc.);

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## WHAT SUPPORT IS PROVIDED



- Engaging in community adult learning opportunities;
- Participation in formal/informal associations or community/neighborhood groups;
- Selecting and participating in volunteer opportunities;
- Opportunities focused on training and education for self-determination and self-advocacy;
- Learning to navigate the local community, including using public transportation and/or private transportation and other transportation options available in the local area;
- Developing and/or maintaining reciprocal relationships with members of the broader community;
- Assisting individuals with disabilities and family caregivers with providing mutual support to one another (through service/support exchange) and contributing to others in the community.

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## Service Settings



<b>Community Locations</b> <ul style="list-style-type: none"> <li>✓ Must be non-disability specific.</li> <li>✓ Cannot be in licensed facilities, or any type of facility owned, leased or operated by a provider of other ODP services.</li> <li>✓ A maximum of 3 participants can be served simultaneously by any one provider at a community location at any one time.</li> </ul>	<b>Community Hubs</b> <ul style="list-style-type: none"> <li>✓ Gathering place prior to and after community activities. Non-disability specific, accessible, provide shelter in inclement weather, and used by the general public.</li> <li>✓ A maximum of 6 participants can be served by any one provider at any one point in time in a community hub.</li> </ul>
<b>Prevocational Facilities</b> <ul style="list-style-type: none"> <li>✓ Vocational Facilities (subject to licensure under 55 Pa. Code Chapter 2390)</li> </ul>	<b>Day Habilitation Facility</b> <ul style="list-style-type: none"> <li>✓ Older Adult Daily Living Centers (subject to licensure under 6 Pa. Code Chapter 11)</li> <li>✓ Adult Training Facilities (subject to licensure under 55 Pa. Code Chapter 2380)</li> </ul>

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## Variance Process for CPS



Service Name	Situation or Circumstance	Service Determination Made By
Community Participation Support	Beginning 7/1/19, a participant may not receive Community Participation Support services in a licensed Adult Training Facility or a licensed Vocational Facility for more than 75% of his or her support time, on average, per month.	Individual Planning Team
Community Participation Support	Beginning 7/1/17, Intensive Staff support- Use of 1:1 Enhanced, 2:1 or 2:1 Enhanced Supports	AE
Community Participation Support, In-Home and Community Support and Companion	More than 14 hours per day is being requested of Community Participation Support, In-Home and Community Support and Companion whether authorized alone or in conjunction with one another. (Beginning 1/1/18, there is a combined limit of 14 per day Community Participation Support, In-Home and Community Support and Companion in the Consolidated Waiver only.)	ODP

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### Individual Community Participation Review



- July 1, 2019, providers of the Community Participation Supports service support people in the community 25%, at a minimum.
- Guidelines in the variance process for ISP teams to use in making determinations for an individual who cannot or chooses not to engage in community activities at least 25% of their time on average per month:
  - The person receives fewer than 12 hours/wk of Community Participation Support;
  - The person has current medical needs that limit the amount of time the person can safely spend in the community;
  - The person has an injury, illness, a change in mental health status, or behaviors that are a risk to him/herself or others; or
  - The person declines the option to spend time in the community having been provided with opportunities to do so consistent with their preferences, choices and interests.
- ISP team meetings May 1, 2019 and later

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### Intensive Staff Support



- Individual has documented behavioral or medical support needs that require a higher level of supports by staff with more education and/or training.
- Beginning July 1, 2017, Intensive Staff support -- Use of 1:1 Enhanced, 2:1 or 2:1 Enhanced Supports – will require a variance form.
- Need for enhanced levels of service must be reviewed every 6 months.

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## 14 Hour Limitation



Effective January 1, 2018, a participant may be authorized for a maximum of 14 hours per day\* of the following services (whether authorized alone or in combination with one another):

- In-Home and Community Support
- Companion
- Community Participation Supports

A variance may be made to the 14 hour per day limitation in accordance with ODP policy when the participant has a physical health, mental health or behavioral need that requires services be provided more than 14 hours per day.

ISP Team annual meetings July 1, 2017 and later should fill out the variance form as appropriate.

\* Limit applies to participants in the Consolidated Waiver only.

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## Rates



### Community Participation Supports: Staffing Ratios for Time in Community Locations and Time in Facility

Community with 1:2 or 1:3 plus facility based services with 1:11 to 1:15

Community with 1:2 or 1:3 plus facility based services with 1:7 to 1:10

Community with 1:2 or 1:3 plus facility based services with 1:2 to 1:6

Community with 1:1 plus facility based services with 1:7 to 1:15

Community with 1:1 plus facility based services with 1:2 to 1:6

Community with 2:3 plus facility based services with 1:11 to 1:15

Community with 2:3 plus facility based services with 1:7 to 1:10

Community with 2:3 plus facility based services with 1:2 to 1:6

Community with 1:1 plus facility based services with 1:1

Community with 1:1 Enhanced plus facility based services with 1:1 Enhanced

Community with 2:1 plus facility based services with 2:1 to 1:1

Community with 2:1 Enhanced plus facility based services with 2:1 to 1:1. Enhanced

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## Rates



### Tiers for Time in Community

<25% of time in community

25–49% of time in community

50–74% of time in community

75–99% of time in community

100% of time in community

## Rates



### 100% Time in Community Settings

<b>W5995</b>	100% Community with 1:2 to 1:3
<b>W5996</b>	100% Community with 1:1
<b>H2015</b>	100% Community with 2:3
<b>W5997</b>	100% Community with 1:1 Level 3 Enhanced
<b>W5993</b>	100% Community with 2:1
<b>W5994</b>	100% Community with 2:1 Level 4 Enhanced

## Facility Timeline



January 1, 2018	March 2019	July 1, 2019	January 2022
<p>Unlicensed home and community habilitation as non-traditional day in residential setting no longer available. People may use CPS or Res provider support as "without day."</p>	<p>Facilities must meet all federal standards for HCBS.</p> <p>New facilities will be limited to serve no greater than 25 individuals in the facility at one time.</p>	<p>May not receive CPS services in a licensed Adult Training Facility or a licensed Vocational Facility for more than 75 percent of support time, on average, per month.</p>	<p>CPS may not be provided in any facility required to hold a 2380 or 2390 license that serves more than 150 individuals at any one time.</p>

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## Quality: SC Individual Monitoring



- ☐ Does the person participate in community activities outside of the facility during the day? Are those activities connected to the interests and preferences indicated in the ISP?
- ☐ If the person has a variance, what kind of discussion/plans does the team have to offer community opportunities for the person in the future?
- ☐ Has the person developed any relationships with people in the community locations in which the provider supports him/her? Who do they talk with or spend time with?
- ☐ Is the person engaged in any activities that provide meaning /purpose or build the potential for employment? If yes, please describe the activities.

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### Quality: Evaluating Provider Performance



- To assure compliance with the Federal HCBS rule ODP will review each provider setting in the Spring of 2018.
- Providers required to conduct site self-assessments to determine whether each setting meets the federal standards for integration.
- Part of self-assessment will include readiness to implement the Community Participation Support service.
- Findings from the assessment may result in the requirement to develop an implementation plan to assure the provider's ability to provide community participation activities for the people they serve and to meet the July 1, 2019 effective date.
- A measure of the degree to which each provider offers individuals opportunities for community engagement will be part of the 3-year provider review cycle. Findings will be available publicly in order to provide relevant information to individuals and families when choosing their service provider.

### Important Dates



Start Date	Requirement
January 1, 2018	Participants may receive a maximum of 14 hours/day of the following services (alone or in combination): In-Home and Community Support, Companion and Community Participation Support. A variance may be granted. Consolidated Waiver Only
January 1, 2018	At least one staff person must have one of the following certifications or degrees to provide Level 2 enhanced or Level 3 enhanced services to participants who do not require a nurse to provide the enhanced level of service: <ul style="list-style-type: none"> <li>• NADD Competency Based Clinical Certification.</li> <li>• NADD Competency-Based Dual Diagnosis Certification.</li> <li>• NADD Competency-Based Direct-Support Professional Certification.</li> <li>• Registered Behavior Technician.</li> <li>• Certified Nursing Assistant.</li> <li>• Board Certified Assistant Behavior Analyst.</li> <li>• Bachelor's Degree in Psychology, Education, Special Education, Counseling, Social Work or Gerontology.</li> </ul>
July 1, 2018	All staff must complete the Department approved training on Community Participation Support by July 1, 2018. After July 1, 2018, all new hires must complete the Department approved training on Community Participation Support within 60 days of hire and during that time they must be supervised by someone who has completed the training.

## Important Dates



January 1, 2019	<p>Provider Qualification Requirement - For agency programs providing prevocational training to participants (in facilities and/or community locations), program specialists and supervisors must have one of the following by January 1, 2019 or within 60 days of hire if hired after November 1, 2018:</p> <ul style="list-style-type: none"> <li>• Hold a Certified Employment Support Professional (CESP) credential from the Association of People Supporting Employment First (APSE), or</li> <li>• Have been awarded a Basic Employment Services Certificate of Achievement or a Professional Certificate of Achievement in Employment Services from an Association of Community Rehabilitation Educators (ACRE) organizational member that has ACRE-approved training.</li> </ul>
July 1, 2019	Participants may not receive Community Participation Support services in a licensed Adult Training Facility (55 Pa. Code Chapter 2380) or a licensed Vocational Facility (55 Pa. Code Chapter 2390) for more than 75 percent of his/her support time, per month. A variance may be granted.
March 17, 2019	Community Participation Support may not be provided in a licensed Adult Training Facility or a licensed Vocational Facility that enrolls on or after this date and serves more than 25 individuals at any one time.
January 1, 2022	Community Participation Support services cannot be provided in licensed Adult Training Facilities or licensed Vocational Facilities that serve more than 150 individuals at any one time.

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## Major Implementation Activities



- Statewide Provider Meetings
- OVR/ODP Regional Transformation “bootcamps”
- OVR/ODP RFQ for workforce development and strategic planning
- Draft site self-assessments published for comment fall 2017
- Community Participation Support training for DSPs – modules 1-4 available on MyODP.org
- Community Engagement/Culture shift trainings

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