

Transition

Guide

www.secondarytransition.org

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Find Information on:

- * Agencies & Supports
- * Community Living
- * Employment
- * Health

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- * Self Determination
- * Recreation & Leisure
- * Financial Supports & Services
- * Post Secondary Education & Resources
- * Schools

Where do I begin?

- Explore interests
- Self advocate
- Understand your disabilities
- Identify and use accommodations & supports

Preparing for your future

While in school

Practice self advocacy and navigate your path to adult living by setting goals for:

- Post secondary education training
- Employment
- Independent Living

Stay connected to behavioral and physical healthcare providers



As you graduate

- Know how to use your summary of performance after high school
- Register to vote (age 18)
- Select an adult primary care doctor (by age 21)
- Actively engage with adult agencies