# Alternative and Augmentative Communication (AAC) & Assistive Technology (AT)

for Students with Deaf Blindness / Multiple Disabilities

HELIX Conference, State College PA November 15<sup>th</sup>, 2017 Chris Russell, Project Coordinator



New York Deaf Blind Collaborative

#### Overview

- Context and definitions
- Selecting communication systems
- Designing systems
- Implementing systems
- Handouts / Resources

Expanded from a 2 part webinar series in collaboration with Megan Mogan, SLP CCC:

http://www.perkinselearning.org/earn credits/self paced/student centered aac design and intervention part 1 practical collaborative



Participants will increase their knowledge and skills in:

- Implementing identified augmentative communication systems (SP.07.f)
- Identifying assistive technology needs (SP.03.i)
- Using specialized communication systems (e.g., calendar, tactile, sign, objects, etc.) (SP.05.zg)
- Implementing strategies to expand the child's/youth s receptive and expressive language and communication (SP.07.c)
- Using a combination of communication methods in order to scaffold learning and enhance comprehension and communication development(SP.o6h.)

# "I am not an AAC Expert"



Each team member comes to the table with a unique set of background experiences and skills when it comes to designing effective communication systems for students.

The student needs you to be an expert on him/her.

#### CollaborativeTeam Approaches

"What does the student need to be able to do that is difficult or impossible to do independently at this time?"

(Zabala, 2005)

#### Collaborative Team Approaches

AAC Assessment is an <u>Ongoing</u>, <u>Dynamic</u>, Process

- SETT Framework (Zabala)
- The Communication Matrix (Rowland)
- The Process Approach (Hagood)
- Observation

#### CollaborativeTeam Approaches

- Identify strengths and role(s) of each team member
- Assign an AAC "Case Manager" for the student
- Use consultative or direct service delivery models realistically (be ready to release your role or accept someone else's)
- Determine an efficient Communication System between team members

### "I don't have time for team planning."

A student centered AAC system designed by a collaborative team will save time in trial and errorand "re inventing the wheel" in the long run.



A student who has quality access to AAC will more than reward your team for their time! "I don't think I'm the right person to design an AAC system. I cannot keep up with all of the Technology!"

AAC involves multiple systems of communication, not just high tech devices.

Students benefit from AAC systems that provide access to quality interactions with other people. This is always the primary goal.



Image retrieved from: http://www.nnovationmanagement.se/wp\_ content/uploads/2013/04/Exchange of deas.pr

Augmentative and Alternative Communication (AAC) includes all forms of communication (other than oral speech) that are used to express thoughts, needs, wants, and ideas. We all use AAC when we make facial expressions or gestures, use symbols or pictures, or write.

(ASHA)

# Multiple Systems: Unaided Forms (ASHA)

- Vocalizations
- Unconventional forms of Speech
- Actions on people or objects
- Facial Expressions
- Body Movements and Gestures
- Sign Language

# Multiple Systems: Aidedforms (ASHA)



Communication
Displays pictureor
tangible symbol
systems used in
exchange, or
combined with a
point



Communication
Device electronic
display that may have
auditory output

Handwritten or Typed messages

# **Multiple Systems**

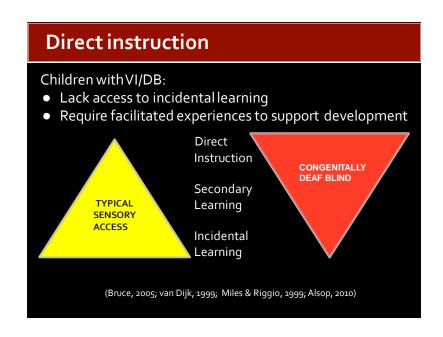
allow the student to <u>receive</u> communication from another person (Receptive)



allow the student to <u>send</u> communication to another person (Expressive) "We don't want to offer fragmented sets of communication, but...We want to always honor the child's right to use whatever communication system works best for them in a particular situation and context."

Linda J. Burkhart

Impact of DeafBlindness / Multiple Disabilities



#### A Disability of Access and Experience

Delays in communication development & symbolism

- >>> Use of unconventional gestures and behaviors to communicate
  - >>> Low levels of recognition and response
    - \* "Severe mismatch" in communication
    - >>> Limited # of opportunities to communicate
      - >>> Low rates of expressive communication
      - Stress, learned helplessness and other behaviors

(Bruce & Vargas, 2007;; Bruce, 2002;; Bruce, 2007)

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# Stress and History of Negative Interactions

- ■Negative interaction
  - Being pulled around
  - Hand--over--handinstruction, FOR not WITH
- ■More directive instead of interactive
- ■Reasons behind behaviors
  - Differentiating between tactile defensiveness and history of negative touch



#### **Availability for Learning**

How do you know if your student is available for learning?

- ■How can you tell that the student is:
  - = Alert?
  - Attending?
  - Responsive or responding?
  - Processing information?
  - Retaining information?

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#### Internal and External Factors that Influence Availability to Learn

A student's availability to learn changes moment by moment based on the balance between what is happening inside him and what is happening outside him.



#### Internal factors:

- How the student feels physically & emotionally
- Medical conditions
- Illness or pain
- · Impact of medications
- Amount of sleep the night before
   Impact of visual, auditory, and tactile
- abilities on learning
- Sensory processing or sensory integration difficulties

#### **External factors:**

- Lighting (location and type)
- Background noise
- Smells
- The number of people and their movement around the student
- Tactual input
- Physical supports, positioning, or equipment



(Scoggin et al., 2014;; OHOA Module 5)

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(Appendix 6)

Selecting Modes for Expressive Communication



#### **Modes of Communication**

- Individuals who are deaf--blind will utilize multiple modes of communication, either simultaneously or at different times for different purposes
- ■The student may:
  - Shift modes throughout the course of a day based on lighting needs, fatigue, or ease of access,
  - **-** Use multiple modes within the same setting, or
  - Use different modes with different communication partners



#### **Modes of Communication**

#### Pre--symbolic (concrete) modes

- Behaviors, Communicative behaviors
- Touch cues, name cues and name signs
- CONCRETE: Object cues, some tangible symbols

#### Symbolic (abstract) modes

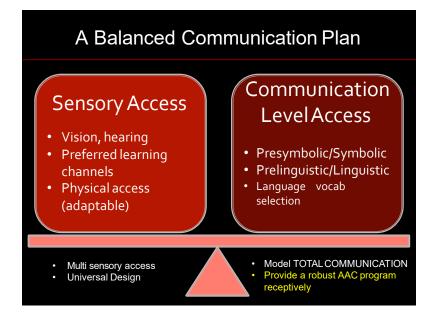
- Tangible symbols
- Line drawings (some)
- Sign Language
- Spoken Language electronic device, speech
- Literacy modes (Braille, printed language)

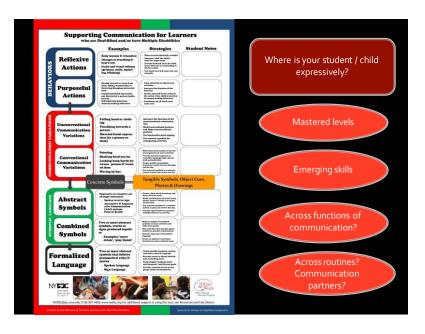


#### **Functions of Communication**

# Why Communicate?

- Refuse / Reject
- Obtain
- Social interaction
- Seek or provide information







# **Stages of Communication Leading to Language**

- Pre intentional Communicative Behaviors
- ■Intentional Behaviors
- Unconventional Communication
- **■**Conventional Communication
- **■**Concrete Symbols
- ■Abstract Symbols
- Language



■The understanding that a symbol refers to an event/activity, object, person

SYMBOL → REFERENT

**ICONICITY** 

ICON → NDEX → YMBOL (CONCRETE → NABSTRACT)

Use abstract modes of communication as models and for exposure, but make sure you scaffold abstract modes with *concrete modes* at your student's current expressive levels.



- A touch at a specific place on a student's body that is done consistently to convey information about an upcoming event
- Provide information, express wants/needs, give a directive, give feedback
- Concrete referent for sign when paired
- NOT meaningless prodding, prompting, or tapping



#### **Examples of Touch Cues**

- Hello Touch hand, shoulder or back.
- **Sit** Gentle pressure onshoulder
- **Stand** Gentle upward pressure to elbow
- Yes Pat or rub on back with appropriate enthusiasm
- **Eat/Drink** Touch their fingers to their lips
- Put on/take off CI or Hearing Aids Light touch to side of head
- **Toileting** Tap or gently lift feet while child is lying down
- Put on/take off orthotics Light touch to shin / wrist
- Picking up from lying position Tap or gently lift shoulders



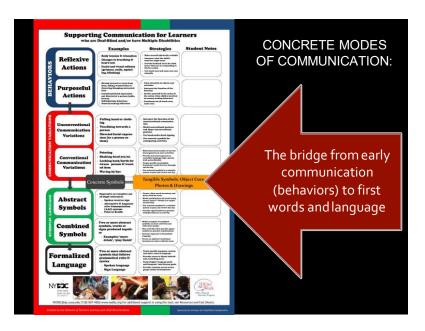
# NEW YORK DEAF-SLIND

#### Name Cues

- A concrete representation of an individual
- A feature of or something a person always wears or has with them
- Used to start and end interactions
- Helps students anticipate and set expectations
- Teaches self concept and concept of others
- Necklace, ring, bracelet, hair, etc...
- Different from a name sign

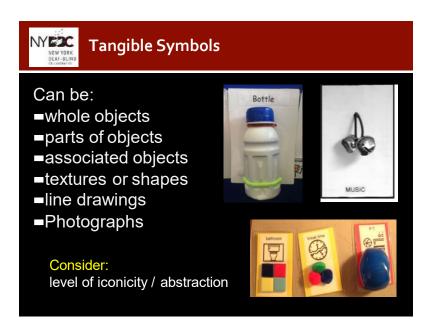
# Conventional Gestures

- For learners who communicate primarily through unconventional modes/gestures and behaviors
- Model conventional gestures in a way that is accessible
- Identify important gestures for communicating



Tangible symbols are tactile, manipulative, representations of activities, objects, places, events, concepts, or people which can be used for expressive and receptive communication.

(Trief, 2008)

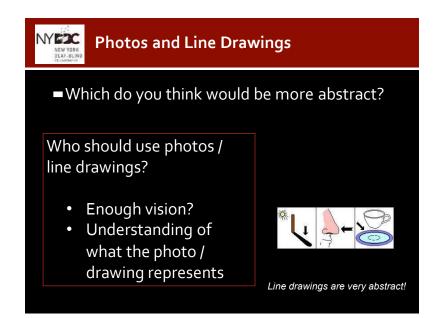


#### Tactile Tangible Symbols: Considerations

Select based on tactile properties, NOT visual

- NO MINIATURES!
- Universal vs. Individualized
- Size, portability, duplicability







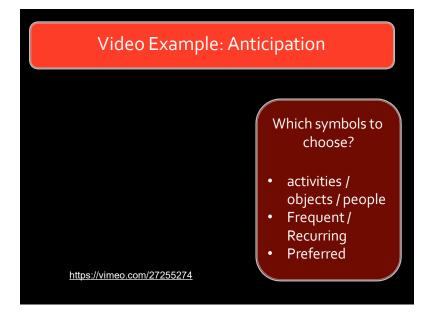
#### **Uses of Tangible Cues -Levels**

- 1)Anticipation of an activity
  - ■To learn symbolism connection between a symbol and referent
  - Reducing stress in transitions
- 2)Communication systems (more complex uses for children/youth who have symbolism

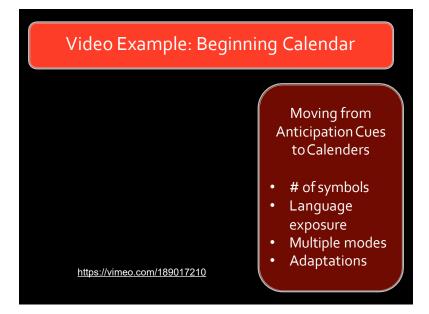


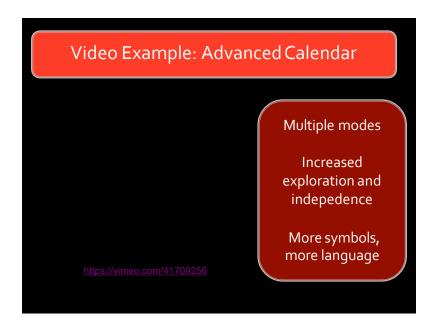
#### **Anticipation Level**

- 1. Show symbol
- 2. Pair with language
- 3. Within 30 sec, go to activity / referent
- 4. Carry symbol to activity
- 5. Continue to re--introduce and refer to the symbol every 2 min during activity
- 6. Place in a finished box
- 7. Repeat!

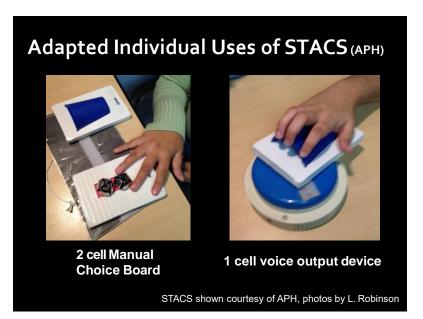












#### Partner--Assisted Scanning

Pointing, showing, speaking messages a student will select

- Facilitate use of current receptive vocabulary
- Teach new symbols/words
- Develop visual skills
- Pair with other modes
- Expand: levels of selection
- Can be used across multiple forms

(Burkhart & Porter, 2012; Hanser, 2007)

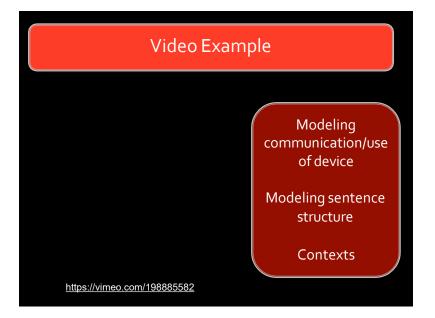


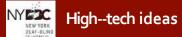




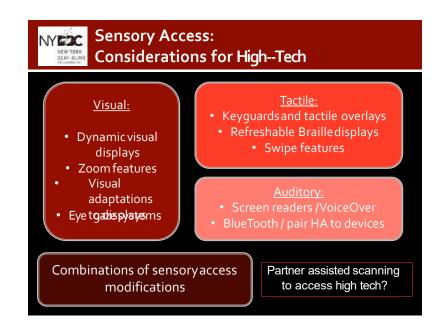
#### **Devices, Speech Generating Devices (SPD)**

- Range of tech (light, high)
- Consider the use of the device
- Will there be receptive opportunities for the student to observe others communicating with the device?
- How will the student learn how to use the device? Modeling? Direct instruction?

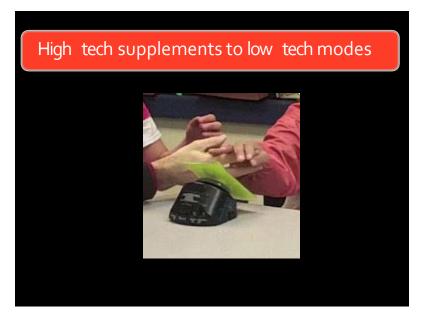


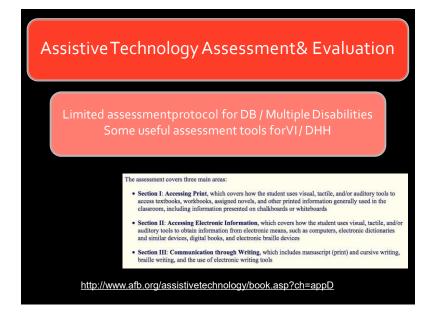


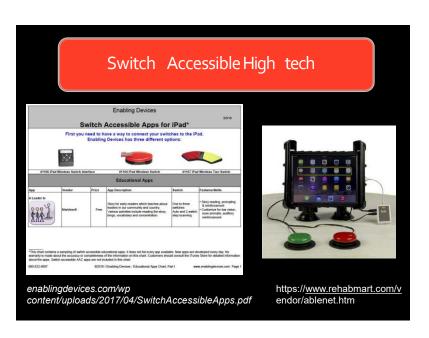
- Consider complexity of layout and process
- Make a low--tech backup!
- "Having an AAC device doesn't make you a communicator any more than having a piano makes you a musician." – PraacticalAAC.org











# Selecting Vocabulary

# **Vocabulary Selection**

Early Communicatorsrely on vocabulary provided by OTHERS (caregivers, service providers, teachers, etc.)

- Vocabulary Selection is an ongoing process that considers
  - Age
  - Gender
  - Interests
  - Communication partners
  - Environments
  - Communication/Literacy/Cognition levels

(Beukelman & Mirenda, 1998)

#### "I don't have the slightest idea where to even begin!"



If the process of selecting vocabulary seems overwhelming to you, it will likely be overwhelming to the student as well. Start small, think simple.

Always begin with the Student and what he/she knows and likes.

# **Vocabulary Selection**

"Beginning communicatorstalk on their own topic first." (Burkhart, Costello, 2008)

#### Considerations for the VI Early Communicator:

- •Include messages centered around hands on, "touchable" topics
- Target intense and/or restricted interests

#### **Vocabulary Selection**

"Even before a child actually understands the true meaning of a word, the routine provides a structure for using language -in any of its forms." --Linda Hagood

#### Considerations for the VI Early Communicator:

- •Which messages can be built into existing activity routines?
- •What has the most potential for initiation and frequent use?

(Musselwhite & St. Louis, 1988)

#### **Vocabulary Selection**

"The majority of studies looking at use of tangible symbol systems with children with VI/Multiple Disabilities have focused on teaching requesting only" (Roche et al., 2014)

#### Considerations for the VI Early Communicator:

•What purposes for communicating will help a student build social interactions, not chains of behavior?

#### **Vocabulary Selection**

#### Include a range of functions/reasons for communicating (Burkhart)

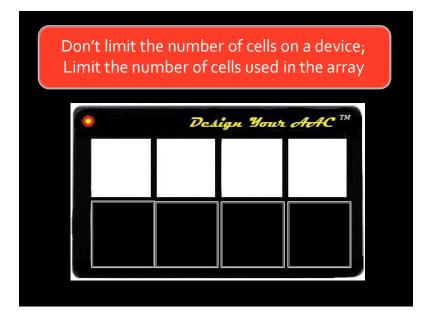
- initiate or call attention
- greet
- accept
- reject
- protest
- request objects
- share and show objects
- request information
- name
- acknowledge
- answer
- comment on action/object
- express feelings
- assert independence

- ask questions
- share information
- relate events
- call attention to how things are related similar and different
- talk about past and future
- negotiate and bargain
- state opinions
- tease
- threaten
- make up stories
- •express manners and consideration for others

#### **Organizing Vocabulary**

"The purpose of a communication display is to arrange language in space so individuals can, by selecting from the available options, say what they wish to say as quickly as possible, and can do so with a minimal amount of effort."

(Blackstone, 1993)



# **Approaches to AAC Design**

- Universal Design for Learning
- Adaptations to meet the individual access needs of the student
- Adaptations to **symbols**
- Adaptations to systems/devices
- Can be "customized" or pre--made to fit

Must be deliberate and based on data

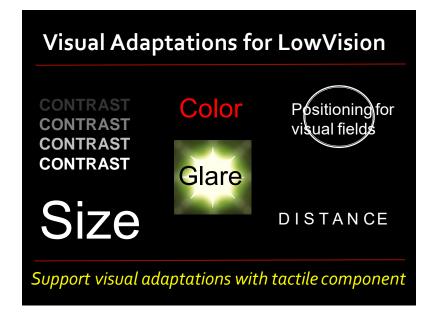
## **Physical Challenges**

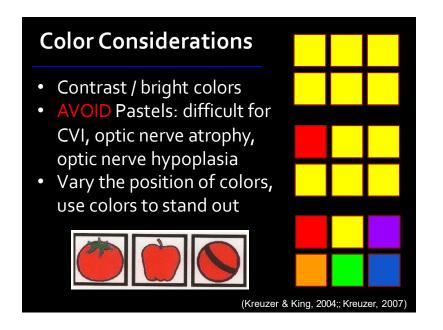
#### May impact:

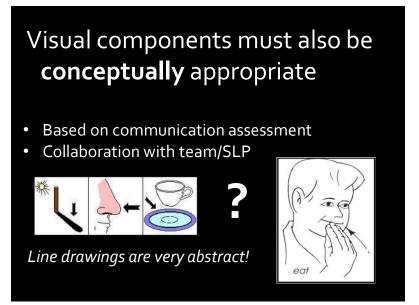
- visual access oculo motorand head/neck control
- tactile access hand use and tactile discrimination

#### Approaches:

- Collaborate with OT, PT
- Adaptations to materials and placement

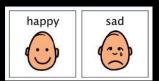






#### **Considerations for Picture Symbols**

- Focus on the CRITICAL COMPONENT
  - Salient feature what specific part of the symbol gives it unique meaning?







How can you bring the student 's attention to the critical component?

(Bent & Buckley, 2013)

#### Tactile Adaptations to Symbols

What is your student's experience with what the symbol refers to (the *referent*)

Tactile quality -does it feel like what it represents?

- Concrete or Abstract (level of iconicity)
- How to tactilely represent something abstract?

Pick salient features -and don't overdoit!

• tactile clutter, spacing, point of reference

Maximize use of residual vision



Keyguards & overlays for specific devices

- pre made or hand crafted?
- For specific applications?

#### Consider:

- color/contrast
- spacing and size
- tactile skills needed
- Interchangeability
- Additional customization?





Presentation and Interaction Strategies for Implementation of Student--Centered AAC "Which AAC technique is 'best' for a given individual depends on: the learning/developmental priorities for the person; the person's existing skills and abilities; the person's and family's preferences; the person's current and future communication needs; and the environments in which and the people with whom the person is likely to interact."

-Mirenda, 2005

## Environments that encourage communication

#### are:

- Consistent
- Predictable
- Motivating / Child centered

# ...in routines that allow for:

- Anticipation
- Practice
- Success
- Fun and social exchanges!



### Responsive communication partners

Responsiveness is the ability to...

- Recognize
- Interpret
- Respond Appropriately
- ...to a partner's communication initiations and responses

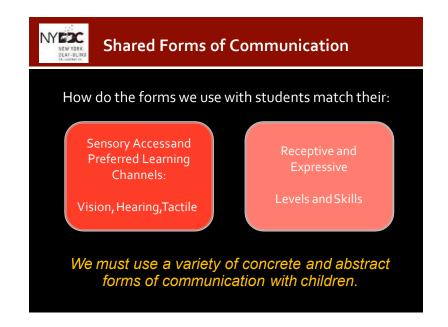
(Bruce & Vargas, 2007; Brady & Bashinki, 2008)

### Responding "Appropriately"

Means using a variety of strategies including:

- shared forms of communication
- non--intrusive hand use and interaction
- scaffolding communication and prompting

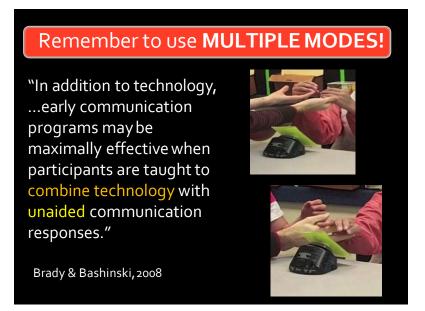
(Bruce, 2003; Miles & Riggio, 1999; Miles, 2003)



As teachers we typically instruct instead of interacting.

• What other ways are there to teach?

Giving directives and prompts



Building correspondence between <u>AAC</u> forms and the messages they represent within interactions is a balancing act.

- Direct instruction of AAC
- Experience--based use, in context
- Direct facilitated tactile access to topics

#### What are the student's hands on?

- A device?
- The activity or topic of conversation?
- A partner?



#### Hand Use and AAC

- Exploring and accessing communication modes
- Modeling and teaching use of a system
- Engaging in and sustaining a conversation or interaction
  - o Touch cues and tactile confirmation
  - o constant contact
- Facilitating access to topics of conversation (objects, activities, processes and social experiences)



### Processing ("wait") time

"One or two minutes sounds like a relatively short period of time, but when you are waiting for a child to act on a request, it can seem like an eternity."

Belote, 2005



### Processing ("wait") time and AAC

What are you waiting for?

- Student to initiate/send a message
- Student to receive a message and respond
  - o Motor response
  - o Cognitive processing

How much time should I wait?

# Processing ("wait") time



- Pace of interaction
  - Wait time different for different AAC modes?
  - Familiarity with routine and activity

Prompt level and scaffolding

wait time will change (fatigue, stress, arousal level)

(Engleman, Griffin, & Wheeler, 1998; Johnson & Parker, 2013; Miles & Riggio, 1999)

# Modeling and AAC

Modeling can be tactile, visual, auditory, or a combination

- Supplementing communication routines by modeling topics of reference
- Exposure to how a device can be used
- Navigating the device
- Modeling secondary/multiple modes
- Modeling social routines and responses

### Prompt fading and scaffolding

- Guided participation
  - Allows for shared experience, conversation, direct instruction



- Identify appropriate prompt levels
  - o support success and increased independence/interdependence
  - Start where the student is, not under or too far over! (ZPD)



### **Prompt Hierarchy**

### Least Intrusive



Most

- Wait for response
- Gesture, pointing (finger, flashlight, auditory cue to localize/tapping, hand under hand pointing)
- Verbal or tactile (signed) prompt, touch cue
  - o Note levels of VP
- Visual modeling, hand under hand modeling
- Hand under handinstruction
- Hand over handinstruction / coactive shaping

Functional Implementation of Student--Centered AAC Across Routines

### The goal of communication intervention

is for the student to increase:

- Levels of communication
- Functions of communication
- Rate of communication
- Number of different routines
- Number of communication partners

Students with Complex Communication Needs:

•Often have a <u>respondent</u> role (few initiations) compared to partners who speak

(Culp, 1982; Harris, 1982; Light, Collier, and Parnes, 1985)

•Have unequal turn--taking patterns, with the natural speaker taking the majority of turns

(Farrier, Yorkston, Marriner, & Buekelman, 1985; Light, et al., 1985)

# **Individualized Approaches**

For students in self--contained classrooms... Instructional time is frequently lost to other activities such as repairing technology, moving in and between classrooms, toileting, eating, and attending therapies.

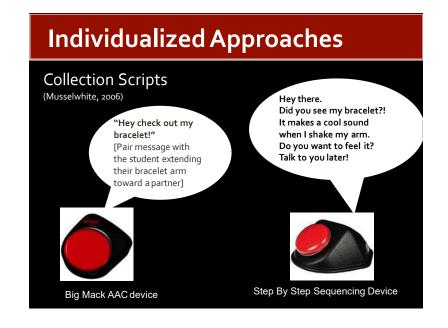
(Koppenhaver & Yoder, 1993)

See handout "Suggestions..." (Mogan, 2014), creative ideas for individualized approaches to implementing AAC in classroom activities and routines!

- Use <u>collections</u> as a concrete way to start a topic with peers or unfamiliar partners (Musselwhite, 2006)
- Pair the objects with pre loaded messages on single message or sequencing device



A student in a plastic molded chair reaching out to touch the bracelet/topic of a student seated in a wheelchair



### Sharing Experiences using AAC



Describe students favorite parts about an activity or experience using

- flip book with symbols and accompanying print messages
- a sequencing device with a single topic symbol
- Pictello app or Sounding Board app on iPad





Pictello™ app from Assistiveware®

SoundingBoard™ app by AbleNet®

# **Individualized Approaches**

#### **Shared Reading**

Use a Single Message System to

- Repeat a line of a preferred story
- Make a silly, recurring sound effect
- Request the reader makes a motivating action or change in reading style (e.g. Can you read it with a scary voice?)

Tip: Invite guest readers fromother classrooms (Same age peers), office or custodial staff, family members, etc. This builds a student's interactions with different partners.



Sequence a series of calls and/or responses for a preferred song or chant

- Frere Jaques tune
- Going on a Bear Hunt
- Down by the Bay
- "Oldies" songs for older students

# **Individualized Approaches**

Embed vocabulary and concepts within motivating, repetitive interactions with classmates

- Use attribute vocabulary (e.g. hot, little, bad, boring, etc. ) to lead a game of *Guess the Opposite*
- Use phrases of rejection (e.g. no way, nope, I don't think so.... etc. ) to respond to <u>20 Silly Questions</u> from peers

# Embed vocabulary and concepts within motivating, repetitive interactions with classmates

- Use sequencing vocabulary (e.g. And then.... Next....Followed by... as student leads others in a daily calendarread aloud
- Use action vocabulary to direct classmates in performing or singing routine songs (e.g. Hum it. Snap the song Whisper



"Next....PE." "Then....Cooking!"

# **Individualized Approaches**

#### Play with voice output

- Sound Effects
- Babbling (Burkhart)
- Use a sequencer to load multiple messages representing the same language function Cool, Love it! No way Awesome...
- Build in time for access to exploration





Task Analysis: Planning PromptLevels		
Standard Routine / Step	Individual Steps	Level of prompt, additional accommodations
Morning Circle: 1) Say good morning to peers 2) 3)	1) A. Recognize that it ismy turn to say "Good Morning B. Locate peer(s) individually C. Locate 2 cellVOCA device D. Locate tactile/visually adapted label for "Good Morning E. Press switch to activate VOCA	Scaffolded: Wait time 5-aoseconds; Light touch cue on forearm to indicate turn, paired with light VP to identify; gestural prompt toward peer(s) and light VP; VP "which one?" point to each label onVOCA; more descriptive VP paired with hand under hand for this side says good morning"/describe distinct tactile component; hand under hand tactile modeling press switch

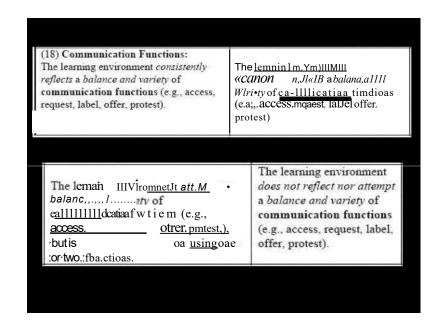
# **Ongoing Assessment: AACSystem**

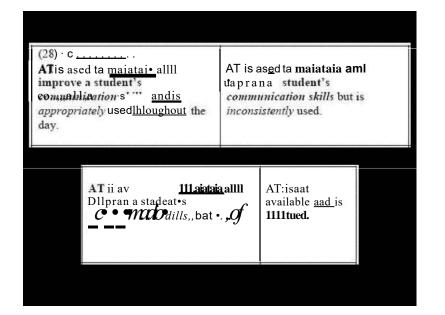
Ongoing assessment is not the same as starting over:

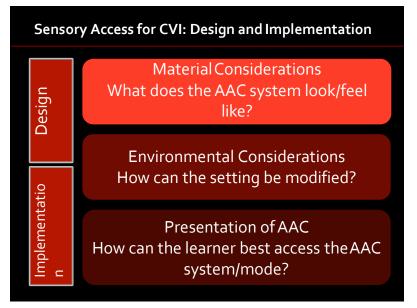
"It is a matter of keeping decision guiding information accurate, up to date, and clearly inclusive of the shared knowledge of all involved!" <code>JoyZabala</code>

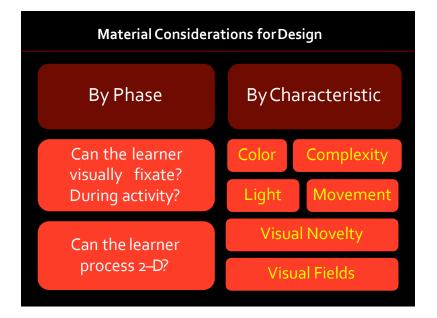
- Communication Matrix: expressive, level toward symbolism
- Rate assessment (rate of Intentional Communication Acts / minute/activity)

#### Self--Assessment: Implementation ClassroomObservation Instrument (Taylor, Stremel, & Steele, 2006) COMMUNICATION Achieved Nearly Achieved Making Progress Non-existent Not Applicable (17) Access to Communication: Student has frequent opportunities to Student has some opportunities to communicate in all environments. communicate in all environments. Student has no opportunities Student has few opportunities to to communicate in all communicate in all environments. environments. https://nationaldb.org/library/page/534





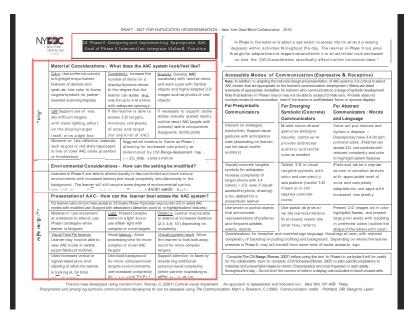




#### Presentation and CVI

- Allow time for visual processing / latency!
- Use movement to gain attention
- Color design and presentation
- Consider complexity of array and environment
- Present in accessible visual fields
- Use light to draw attention, decrease latency
- Consider the distance of presentation
- Consider access via visually guided reach
- Consider the impact of novelty

(Roman, 2007)



#### Additional Resources:

- http://praacticalaac.org/
- http://www.pathstoliteracy.org/technology students multiple disabilities
- http://www.asha.org/NJC/AAC/
- Webinars (See Perkins AAC Part 1 & 2): <a href="http://nydbc.org/webinar-recordings/">http://nydbc.org/webinar-recordings/</a>
- http://www.bridgeschool.org/transition/multimodal/
- Types of AAC: <a href="http://www.rockybay.org.au/wpcontent/uploads/2013/04/1.4">http://www.rockybay.org.au/wpcontent/uploads/2013/04/1.4</a> Types of AAC.pdf
- http://www.assistiveware.com/dos and donts aac multi modal communication
- National Center on Deaf Blindness library: nationaldb.org
- Classroom Observation Instrument: <a href="https://nationaldb.org/library/page/534">https://nationaldb.org/library/page/534</a>

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