

# Overview of the Office of Developmental Programs



August 11, 2017

## **ODP Mission:**

The mission of the Office of Developmental Programs (ODP) is to support Pennsylvanians with developmental disabilities to achieve greater independence, choice and opportunity in their lives.

## **ODP Vision:**

ODP's vision is to continuously improve an effective system of accessible services and supports that are flexible, innovative and person-centered.





*Everyday  
Lives*

VALUES  
IN  
ACTION



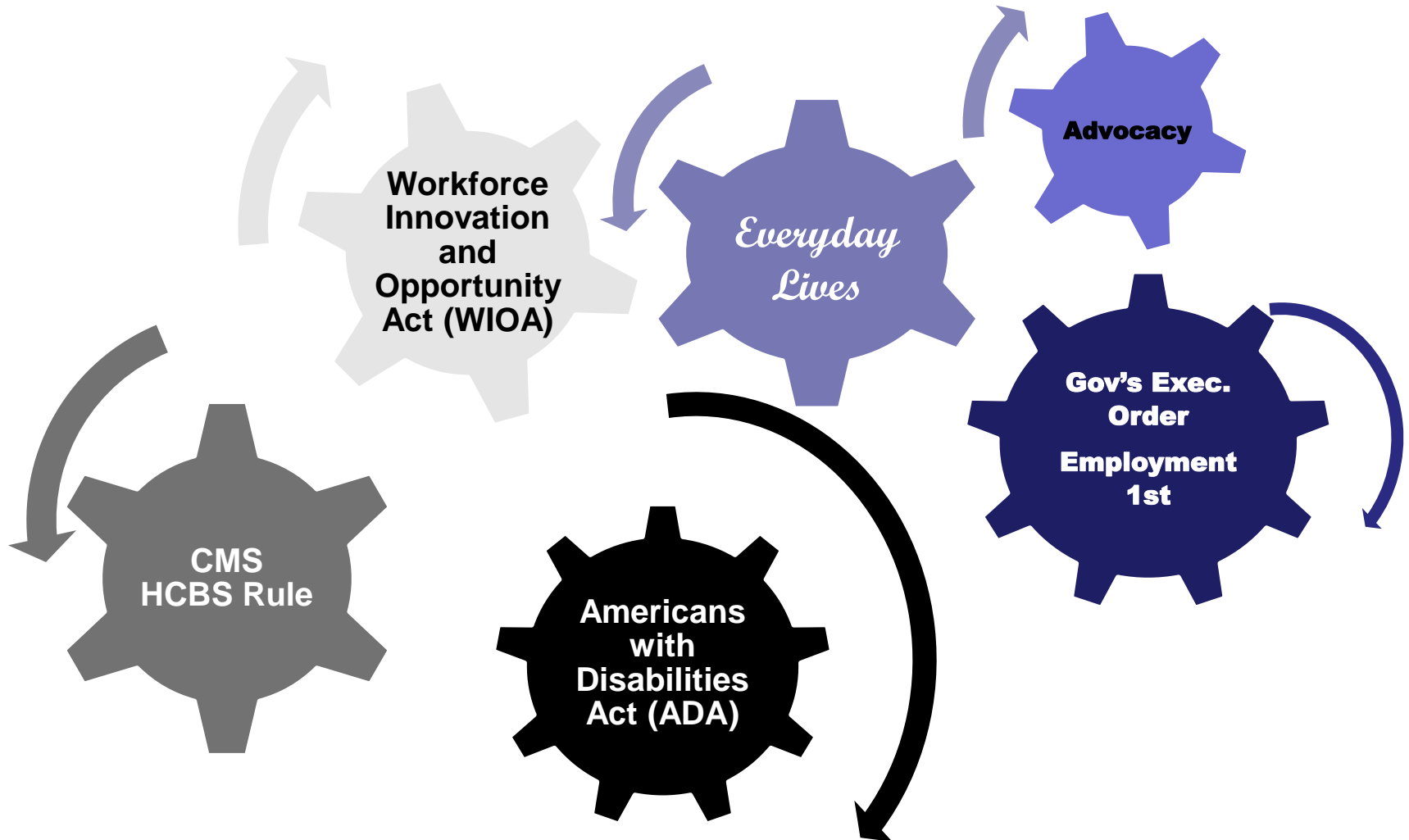
- 1 Assure Effective Communication
- 2 Promote Self-Direction, Choice and Control
- 3 Increase Employment
- 4 Support Families throughout the Lifespan
- 5 Promote Health, Wellness, and Safety
- 6 Support People with Complex Needs
- 7 Develop and Support Qualified Staff
- 8 Simplify the System
- 9 Improve Quality
- 10 Expand Options for Community Living
- 11 Increase Community Participation
- 12 Provide Community Services to Everyone



# Drivers of Change



**pennsylvania**  
DEPARTMENT OF HUMAN SERVICES



- Consolidated and Person/Family Directed Support (P/FDS) Waivers
  - Individuals of any age with an intellectual disability or autism.
  - Individuals age 0 through 8 with a developmental disability with a high probability of resulting in an intellectual disability or autism.
- Adult Autism Waiver
  - Individuals age 21 and older with a diagnosis of autism.
- Adult Community Autism Program
  - Individuals age 21 and older with a diagnosis of autism.
  - Offered in Dauphin, Lancaster, Cumberland and Chester counties



# What is a Waiver?



- Institutional requirements are “waived” for home and community-based services.
- Medicaid home and community-based services are authorized in Section 1915c of the Social Security Act.
- Programs are funded by federal and state dollars.
- The Center for Medicare and Medicaid Services (CMS) is the federal agency that approves and provides oversight of waivers.
- States must apply to CMS for approval and renewal of waivers.
  - Waiver renewal period: 5 years
  - Current authorization period: 7/1/17 through 6/30/22

# **Eligibility for Consolidated and P/FDS Waivers**



# Waiver Eligibility Criteria



The County MH/ID/DD Program determines whether individuals meet the following waiver eligibility criteria:

- Diagnosis of one of the following:
  - Intellectual disability
  - Autism
  - Developmental disability with a high probability of resulting in an intellectual disability or autism – Age 0 through age 8
- Level of Care for ICF/ID or ICF/ORC
- Emergency PUNS or reserved capacity
- Need for at least 1 waiver service in addition to Supports Coordination

# Waiver Eligibility Criteria



The County Assistance Office determines whether individuals meet the following eligibility criteria:

- Eligibility for Medical Assistance/Medicaid
- Financial requirements for waiver eligibility

# P/FDS Waiver - Limit



- A \$33,000 per person per fiscal year total limit is established for all P/FDS Waiver services with the following exceptions:
  - Supports Coordination and Supports Broker services will be excluded from the limit because they are integral to ensuring the success of participants in utilizing traditional service models and participant directed service models.
  - The limit can be exceeded by \$15,000 for Advanced Supported Employment or Supported Employment services that are authorized on a participant's service plan.

# Unduplicated Number of Participants



## Consolidated Waiver

- Year 1 18,209
- Year 2 18,209
- Year 3 18,209
- Year 4 18,209
- Year 5 18,209

## P/FDS Waiver

- Year 1 14,720
- Year 2 14,720
- Year 3 14,720
- Year 4 14,720
- Year 5 14,720

# Waiver Services

# Services and Everyday Lives



## **Support families throughout the life span and expand options for community living**

- Housing Tenancy and Tenancy Sustaining Services
- Family/Unpaid Caregiver Training and Consultation
- In-Home and Community Support
- Respite
- Companion
- Home Accessibility Adaptations
- Supported Living (Consolidated Only)
- Expansion of Life Sharing (Consolidated Only)

## **Assure effective communication**

- Communication Specialist
- Assistive Technology
- Therapies (including speech and language therapy)



# Services and Everyday Lives

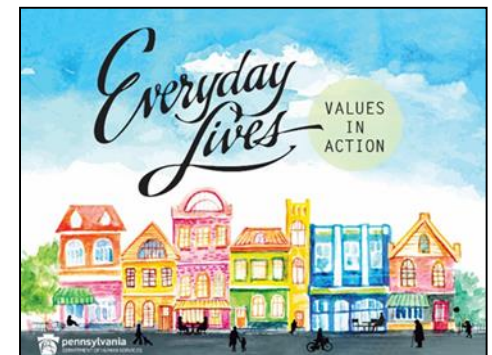


## Promote self-direction, choice and control

- Participant-Directed Goods and Services (P/FDS Only)
- Supports Broker

## Promote health, wellness, and safety and support people with complex needs

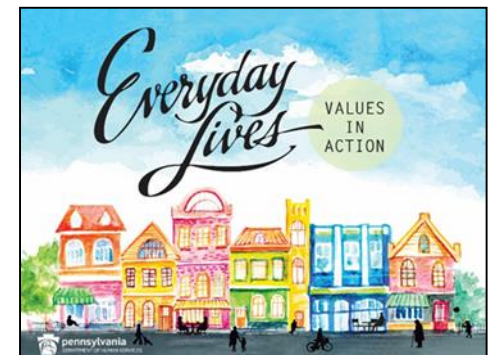
- Consultative Nutritional Services
- Art, Music and Equine-Assisted Therapy
- Shift Nursing
- Therapies
- Behavioral Support





## Increase employment and increase community participation

- Supported Employment
- Advanced Supported Employment
- Small Group Employment
- Community Participation Supports
- Benefits Counseling



# **Services To Achieve and Support Competitive Integrated Employment**

Supported Employment

Advanced Supported Employment (New)

Small Group Employment (Formerly Transitional Work)

Benefits Counseling (New)

# Supported Employment



- Supports individuals to obtain and sustain competitive integrated employment.
- Three components:
  - Career Assessment
  - Job Finding or Development
  - Job Coaching and Support

- An enhanced version of supported employment services that includes discovery, job development, systematic instruction to learn the key tasks and responsibilities of the position and intensive job coaching and supports that lead to job stabilization and retention.
- Advanced Supported Employment is paid on an outcome basis. Providers are paid for three separate outcomes:
  - Discovery Profile
  - Securing a Job
  - Retention of Job

# Small Group Employment



- Small Group Employment services consist of supporting participants in transitioning to competitive integrated employment through work that occurs in a location other than a facility subject to 55 Pa. Code Chapter 2380 or Chapter 2390 regulations.
- Small Group Employment service options include mobile work force, work station in industry, affirmative industry, and enclave.

- Through accurate individualized assessment, this service provides information to the participant regarding the full array of available work incentives for essential benefit programs including Supplemental Security Income, SSDI, Medicaid, Medicare, housing subsidies, food stamps, etc.
- Provided by Certified Work Incentive Counselor
- Limit 10 hours annually
- Available only after service sought and unavailable through PA's Work Incentive Planning and Assistance programs (WIPAs)

# Overview of Most Commonly Used Waiver Services

In-Home and Community Support	Companion
Respite	Community Participation Support
Shift Nursing	Behavioral Support
Transportation	



- Used to assist individuals to acquire, maintain and improve skills necessary to live in the community, to live more independently and to participate more meaningfully in community life.
  - Activities of daily living
  - Manage medical care
  - Manage mental health diagnosis and emotional wellness
  - Manage a home
  - Achieve financial stability
  - Communicate with others
  - Develop and maintain relationships with members of the broader community

# Companion



- Services for individuals age 18 and older who live in private homes for the purposes of providing supervision or assistance that is designed to ensure the participant's health, safety and welfare or to perform activities of daily living for the participant. This service is intended to assist the individual to participate more meaningfully in home and community life.
- Companion services are used in lieu of In-Home and Community Support when a habilitative outcome is not appropriate or feasible (i.e. when the professional providing the service mainly does activities for the participant or supervises the participant versus assisting the participant to learn, enhance or maintain a skill).

# Respite



- Services provided to supervise and support individuals living in private homes on a short-term basis for planned or emergency situations, giving the person(s) normally providing care a period of relief that may be scheduled or due to an emergency.

- Community Participation Support provides opportunities and support for community inclusion and building interest in and developing skills and potential for competitive integrated employment. Services should result in active, valued participation in a broad range of integrated activities that build on the participant's interests, preferences, gifts, and strengths while reflecting his or her desired outcomes related to employment, community involvement and membership.

# Transportation



- Transportation Mile – Mileage will be paid per trip. A trip is from the point of pick-up to the destination as identified in the service plan.
- For individuals under the age of 21, Transportation may only be used to travel to and from waiver services or a job that meets the definition of competitive integrated employment.
- Individuals authorized to receive Residential Habilitation, Life Sharing or Supported Living may only be authorized for Transportation services as a discrete service when the individual requires transportation to or from a job that meets the definition of competitive employment.

- Can be provided either part-time or full-time in accordance with 49 Pa. Code Chapter 21 (State Board of Nursing)
  - Diagnosing and treating human responses to actual or potential health problems through such services as case finding, health teaching, health counseling, provision of care supportive to or restorative of life and well-being, and executing medical regimens as prescribed by a licensed physician or dentist.
- Not available for people under 21 as medically necessary nursing services for children are covered under the EPSDT benefit of Medical Assistance.

- Includes a comprehensive assessment; the development of strategies to support the individual based upon the assessment; and the provision of interventions and training to individuals, staff, parents and caregivers.
- Not available for people under 21 as behavioral health services for children are covered under the EPSDT benefit of Medical Assistance.



# Residential Service Options – Consolidated Waiver Only

Residential Habilitation
Life Sharing
Supported Living



# Residential Habilitation



- Provided in licensed and unlicensed provider owned, rented or leased residential settings (typically 2 to 4 people live together in one home).
- Services consist of assistance, support and guidance (physical assistance, instruction, prompting, modeling, and reinforcement) in the general areas of self-care, health maintenance, decision making, home management, managing personal resources, communication, mobility and transportation, relationship development and socialization, personal adjustment, participating in community functions and activities and use of community resources.

- Provider agency managed services that occur in one of the following locations:
  - Private home of a host family (relatives and people unrelated)
  - Private home of the individual where a host family who is not related to the individual moves into the participant's home and shares the participant's home as their primary residence.
- Host families include 1 or more persons with who the participant lives in a private home. The host family is responsible for, and actively involved in, providing care and support to the participant in accordance with the service plan.

# Supported Living



- Provided to individuals who live in a private home that is owned, leased or rented by the individual.
- This service is billed as a day unit and includes indirect support for periods of time that the participant does not need direct support in his or her home and community. The Supported Living provider, however, must ensure that direct support is provided as needed to achieve desired outcomes, facilitate participation in the community and mitigate risks. The Supported Living provider must also ensure that on-call staff are available to support the participant 24 hours a day.

# Residential Services By Location



Home owned,  
rented or  
leased by  
provider =  
**Residential  
Habilitation**



Home owned,  
rented or  
leased by host  
family =  
**Life Sharing**



Home owned,  
rented or  
leased by  
individual =  
**Life Sharing or  
Supported  
Living**



## Other Services Available In the Waivers

Art, Music and Equine-Assisted Therapy	Family/Unpaid Caregiver Training and Consultation
Consultative Nutritional Services	Communication Specialist
Housing Transition and Tenancy Sustaining Services	Participant-Directed Goods and Services (P/FDS Only)
Education Support	Homemaker/Chore
Supports Coordination	Specialized Supplies
Therapy Services	Supports Broker Services
Assistive Technology	Home Accessibility Adaptations
Vehicle Accessibility Adaptations	

- SC responsibility:
  - Person-centered planning
  - Ensuring needs met in the least restrictive manner possible
  - Services provided are integrated in and support full access to the community.
- Waiver funding cannot be used to provide any service in any private home purchased for, developed for or promoted as serving people with an intellectual disability and/or autism in a manner that isolates or segregates the participant from the community of individuals not receiving waiver services.



- Further, waiver funding cannot be used to provide any service in a private home that is:
  - farmstead – community primarily for people with disabilities
  - gated/secured community for people with disabilities
  - in any private home purchased for, developed for or promoted as serving people with an intellectual disability and/or Autism in a manner that isolates or segregates the participant from the community of individuals not receiving waiver services.

# Resources

## Consolidated Waiver

<http://dhs.pa.gov/learnaboutdhs/waiverinformation/consolidatedwaiverforindividualswithintellectualdisabilities/index.htm>

## P/FDS Waiver

<http://dhs.pa.gov/learnaboutdhs/waiverinformation/personfamilydirectedsupportwaiver/index.htm>

## MyODP

[MyODP.org](http://MyODP.org)

# Resources

## The LifeCourse Framework: Envisioning Everyday Lives for All



[www.supportstofamilies.org](http://www.supportstofamilies.org)

[www.lifecoursetools.com](http://www.lifecoursetools.com)

<https://www.myodp.org/mod/page/view.php?id=8883>

(Under Everyday Lives tab,  
scroll down to Envisioning an  
Everyday Life)

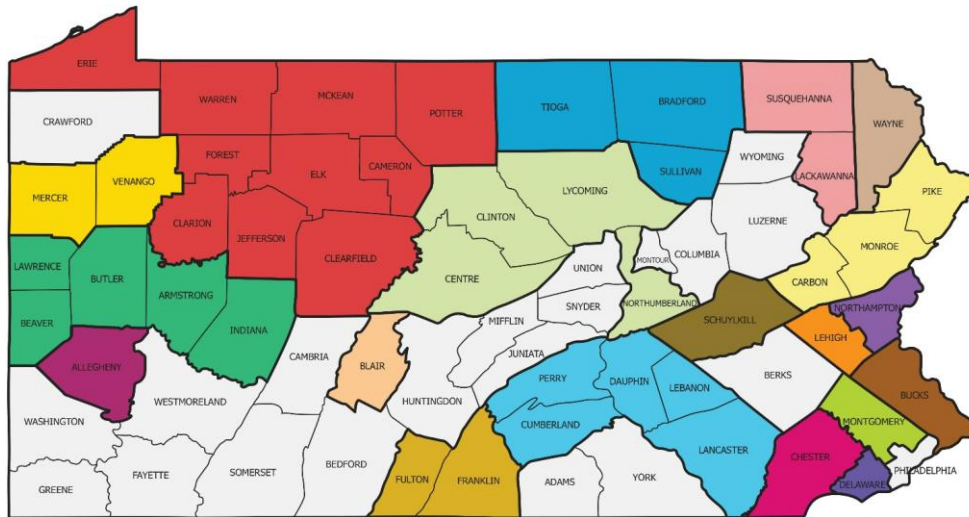
# Resources



For more information about  
LifeCourse learning opportunities for  
families,  
contact Lisa Tesler at  
[ltlesler@visionforequality.org](mailto:ltlesler@visionforequality.org)

# Resources

## PENNSYLVANIA COMMUNITY PRACTICE FOR SUPPORTING FAMILIES



Nancy Richey, [c-nrichy@pa.gov](mailto:c-nrichy@pa.gov) or 717-783-1003