Common Risk Factors Associated with Dyslexia

If the following behaviors are unexpected for an individual's age, educational level, or cognitive abilities, they may be risk factors associated with dyslexia. A student with dyslexia usually exhibits several of these behaviors that persist over time and interfere with his/her learning.

A **family history** of dyslexia may be present; in fact, recent studies reveal that the whole spectrum of reading disabilities is strongly determined by genetic predispositions (inherited aptitudes) (Olson, Keenan, Byrne, & Samuelsson, 2014).

Preschool

Delay in learning to talk □
Difficulty with rhyming
Difficulty pronouncing words (e.g., "pusgetti" for "spaghetti," "mawn lower" for "lawn mower") □
Poor auditory memory for nursery rhymes and chants \square
Difficulty in adding new vocabulary words □
Inability to recall the right word (word retrieval) \Box
Trouble learning and naming letters and numbers and remembering the letters in his/ \square her name \square
Aversion to print (e.g., doesn't enjoy following along if book is read aloud)

Kindergarten and First Grade
Difficulty breaking words into smaller parts (syllables) (e.g., "baseball" can be pulled apart into "base" "ball" or "napkin" can be pulled apart into "nap" "kin") \square
Difficulty identifying and manipulating sounds in syllables (e.g., "man" sounded out as $\hfill\Box$
Difficulty remembering the names of letters and recalling their corresponding sounds \square
Difficulty decoding single words (reading single words in isolation) \Box
Difficulty spelling words the way they sound (phonetically) or remembering letter \Box sequences in very common words seen often in print (e.g., "sed" for "said") \Box
Second Grade and Third Grade
Many of the previously described behaviors remain problematic along with the following:
Difficulty recognizing common sight words (e.g., "to," "said," "been")
Difficulty decoding single words □
Difficulty recalling the correct sounds for letters and letter patterns in reading $\hfill\Box$
Difficulty connecting speech sounds with appropriate letter or letter combinations and \square omitting letters in words for spelling (e.g., "after" spelled "eftr") \square
Difficulty reading fluently (e.g., slow, inaccurate, and/or without expression) \Box
Difficulty decoding unfamiliar words in sentences using knowledge of

phonics
Reliance on picture clues, story theme, or guessing at words $\hfill\Box$
Difficulty with written expression
Fourth Grade through Sixth Grade
☐ Many of the previously described behaviors remain problematic along with the following:
Difficulty reading aloud (e.g., fear of reading aloud in front of classmates) \square
Avoidance of reading (e.g., particularly for pleasure) \Box
Acquisition of less vocabulary due to reduced independent reading \square
Use of less complicated words in writing that are easier to spell than more appropriate □words (e.g., "big" instead of "enormous") □
Reliance on listening rather than reading for comprehension $\hfill\Box$
Middle School and High School
Many of the previously described behaviors remain problematic along with the following:
Difficulty with the volume of reading and written work \hdots
Frustration with the amount of time required and energy expended for reading $\hfill\Box$
Difficulty with written assignments \square
Tendency to avoid reading (particularly for pleasure) \square
Difficulty learning a foreign language □