

2019-20 COP Secondary Transition/Interagency Webinar Series: Transition Assessment Across Agencies

Pennsylvania's Office of Developmental Programs (ODP) and Office of Long-Term Living (OLTL)



Pennsylvania Office of Developmental Programs



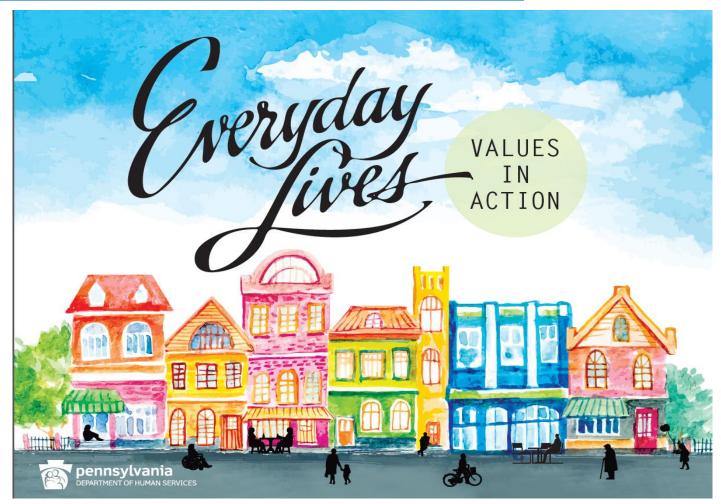
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The Office of Developmental Programs (ODP) is the entity within the Department of Human Services responsible for the oversight of intellectual and developmental disability services in Pennsylvania.

ODP's mission is to support Pennsylvanians with developmental disabilities to achieve greater independence, choice and opportunity in their lives. The office seeks to continuously improve an effective system of accessible services and supports that are flexible, innovative and person-centered.

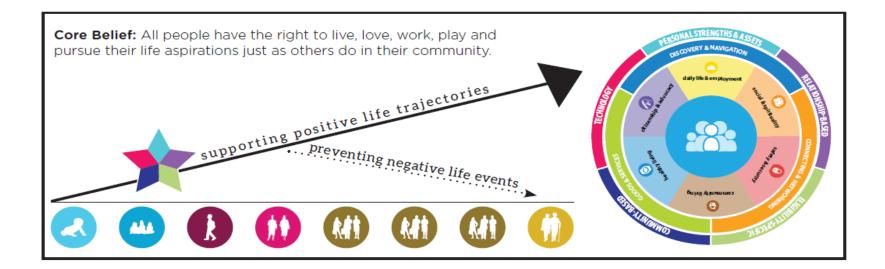








Charting the Life Course





Charting the LifeCourse is a set of principles and easy-touse tools created to help individuals and families of all abilities and all ages to develop a vision for an everyday life, think about what they need to know and do, identify how to find or develop supports, and discover what it takes to live the lives they want to live. People may focus on their current situation and stage or life but may also find it helpful to look ahead to think about life experiences and relationships that will help move them toward an inclusive, productive, and enjoyable life in the future. More information is available at www.lifecoursetools.com

Charting the LifeCourse



Services and Supports are Evolving



Technology

- Online resume builders
- i-Pad or smart phone
- Computer
- Online classes
- Social media to connect and search for jobs
- Apps to help learn job skills or stay safe
- Vehicle or home modifications
- Calendar to keep track of schedule
- Alarm clock or app
- Electronic reminders
- Calculator
- Direct deposit and automatic bill pay

Personal Strengths & Assets

- Has chores and responsibilities at home or school
- Uses alarm to wake up and get ready for school or work
 - Knows how to access and use public transportation
 - Has had summer job or other work experience
 - Able to communicate needs
 - Uses a debit card

Job shadow

Relationships

- family member
 Spend day with friend at their college
 - or trade school
- Ask family friends, teachers what kind of job they think you would be good at
- Start carpool or ride co-op
- Ask neighbors, friends or family about doing odd jobs for them
- Ask same age peers about their summer or part time jobs
 - Ask friends and family about jobs or education
 - plans after high school

- Vocational Rehabilitation or Independent Living
 - Center for job exploration or assistance
 - Area Career Center for job interest and skill
 assessment
 - IEP or Transition plan to learn skills and work
 experience
 - IEP to develop a Circle of Friends
- Agencies or providers who offer social skills classes
 - Special Olympics or Challenger sports programs
 - Disability specific social groups
 - DDD system personal care supports
 Job coaching

Eligibility Specific

Visit businesses to learn about jobs

- Visit colleges or technical schools
- Attend career day or job fair at school or in community
- Talk to school counselor about your job interests
- Go to bank and open a student or joint bank account
- Explore local transportation options
- Learn to use public transportation
- Participate in community theater, after school clubs, sports, scouts, boys/girls clubs

Community Based

My Employment Goal

Additional Resources



- The PA Family Network can help families learn about LifeCourse through small group workshops or one-onone peer mentoring. For information call 1-844-PAFAMILY or visit the website at pafamilynetwork@visionforequality.org.
- Pennsylvania's "Self-Advocate Power Network for All" (SAPNA) is a team of self-advocates who have developed trainings on self-advocacy skills. Information is available through Self-Advocates United as One (SAU1) at <u>www.SAU1.org</u>.



Across the state, counties have organized Regional Collaboratives around the LifeCourse principles with the purpose of creating supportive, inclusive and connected communities for all. For more information, contact Candi Walton at <u>cawalton@pa.gov</u>.

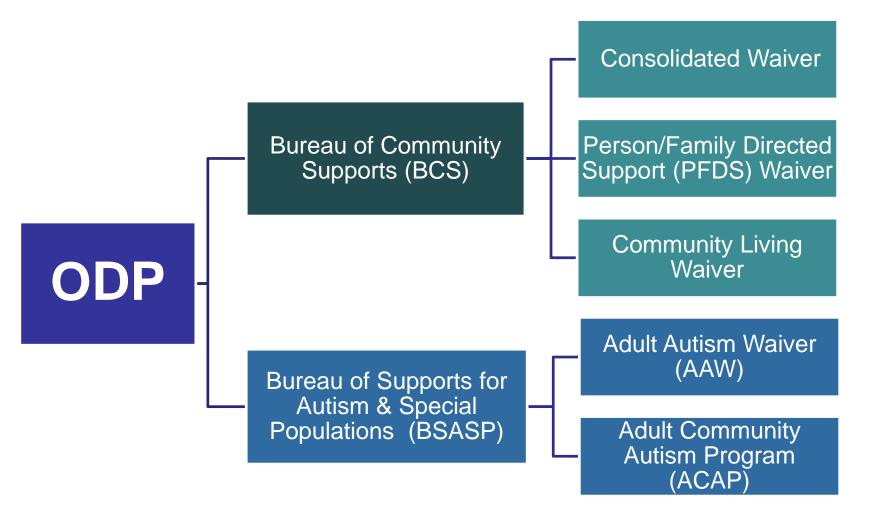


Visit the Community of Practice for Supporting Families page on MyODP.org

https://www.myodp.org/mod/page/view.php?id=25542/

Office of Developmental Programs

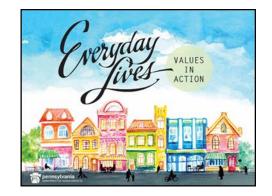






ODP's waiver programs support Everyday Lives – Values Into Action by:

- Supporting families throughout the life span and expanding options for community living
- Promoting self-direction, choice and control
- Assuring effective communication
- Increasing employment and community participation
- Promoting health, wellness, and safety and supporting people with complex needs



ODP's Waivers – People Served pennsylvania



Waiver	Consolidated	P/FDS	Community Living	Adult Autism Waiver
Population Served	Intellectual Disability (any age)	Intellectual Disability (any age)	Intellectual Disability (any age)	
	Autism (any age)	Autism (any age)	Autism (any age)	Autism (21 and older)
	Developmental Disability (age 0 to 8)	Developmental Disability (age 0 to 8)	Developmental Disability (age 0 to 8)	
Unduplicated People served in 2019/2020	18,981	15,490	3,415	754

Where do I begin?



THE FIRST STEP

Individuals with an intellectual disability or autism, should contact their County Office of Mental Health and Intellectual Disabilities (MH/ID) to determine eligibility. If you need help locating your local county office, call ODP Customer Service Hotline at 1-888-565-9435.



County MD/ID Office Contacts:

http://pafamiliesinc.org/understanding-systems/intellectualdisabilities/intellectual-developmental-disabilities-countycontact-information-for-pennsylvania



The County MH/ID/DD Office determines whether individuals meet the following waiver eligibility criteria:

- 1. Diagnosis of one of the following:
 - Intellectual disability
 - ✤ Autism
 - ✤ Age 0-8 with a diagnosis of developmental

disability with a high probability of resulting in an intellectual disability or autism diagnosis





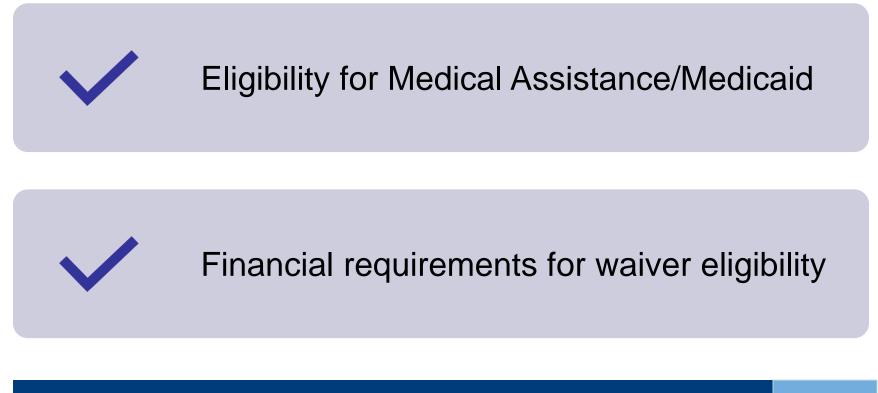
The County MH/ID/DD Office determines whether individuals meet the following waiver eligibility criteria:

- 2. Level of Care for ICF/ID or ICF/ORC
- 3. Need for at least 1 waiver service in addition to Supports Coordination





The County Assistance Office determines whether individuals meet the following eligibility criteria:



Eligibility



NEXT STEPS

Once program eligibility is determined, the County Office of Mental Health and Intellectual Disabilities (MH/ID) will offer a choice of Supports Coordination Organizations (SCOs). SCOs will assign a Supports Coordinator to help determine what services are needed and what resources are available to help plan for a good life, an everyday life.



Enrollment





What Is PUNS?

PUNS (Prioritization of Urgency of Need for Services) identifies the types of services and supports an individual is currently receiving and services that are needed. The type of services and supports received include Intellectual Disabilities and Autism (ID/A) services and supports that are available to anyone in the community. The PUNS indicates the urgency of need for services. The urgency of the need is identified in one of three categories:

- Emergency Need → the service need will occur within six months
- Critical Need → the service need is anticipated to occur after six months but within two years
- **Planning for Need** → the service need is anticipated to occur more than two years away but less than five years away

This PUNS process was developed with the input from stakeholders and is maintained and monitored by ODP. It was designed to gather information to categorize the urgency of the needs of individuals who have requested services from the County Program or AE.



Supports Coordination	Life Sharing	
In-Home and Community Support	Residential Habilitation	
Companion	Supported Living	
Supported Employment	Housing Transition and Tenancy Sustaining Services	
Advanced Supported Employment	Home Accessibility Adaptations	
Small Group Employment	Vehicle Accessibility Adaptations	
Community Participation Support	Specialized Supplies	
Respite	Education Support	
Therapy Services	Transportation	
Shift Nursing	Communication Specialist	
Behavioral Support	Assistive Technology	



Supports Coordination	Residential Habilitation
Day Habilitation	Home Modifications
Supported Employment	Nutritional Consultation
Career Planning	Specialized Skill Development
Community Transition Services	Family Support
Small Group Employment	Vehicle Modifications
Transportation	



Federal Financial Participation(FFP) Limitation:

 In accordance with 42 CFR § 433 Subpart D, FFP may not be claimed for services when another third-party (e.g., other third party health insurer or other Federal or state program) is legally liable and responsible for the provision and payment of the service. This requirement applies to all Medicaid services, including waiver services. The Medicaid program functions as the payer of last resort.



What does this mean?

Services paid for by a Medicaid waiver must not otherwise be available to the individual through a local educational agency under the Individuals with Disabilities Education Act (IDEA) or the Rehabilitation Act of 1973.



The Adult Community Autism Program (ACAP)

- ACAP is a managed care program
- Currently available in Dauphin, Lancaster, Cumberland and Chester counties only.
- One primary provider renders most services and oversees a network of providers for other services (primary care physicians, dentists).

https://www.dhs.pa.gov/Services/Disabilities-Aging/Pages/ACAP.aspx



Waiver Services for High School Graduates

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Students graduating from special education who are not eligible to continue their education through the next year have access to waiver services.

Graduates will be served in a waiver that ensures their health and safety needs are met.





as-sess-ment

noun noun: **assessment**; plural noun: **assessments**

1.the evaluation or estimation of the nature, quality, or ability of someone or something.





The Supports Intensity Scale-Adult[™] (SIS-A[™]) and PA Supplement are the primary statewide standardized needs assessments tools used by ODP.

The SIS-A[™] and PA Supplement are administered by an independent contractor, and the results are available to team members in the form of the SIS Family Friendly Report located in SIS Online.



Every individual enrolled with ODP an Individual Support Plan (ISP).

Individual Support Plans are:

•Developed using a personcentered planning process;

•Based on the assessed needs of the individual; and

Developed and implemented using core values.

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Other types of assessments can be used by ISP teams, as needed.

Examples of formal assessment tools:

- Vineland Adaptive Behavior Scale (ABS)
- Therapy and medical evaluations
- Office of Vocational Rehabilitation (OVR) assessments
- Individual Educational Plans (IEPs)

Examples of informal assessment tools:

- A provider's annual assessment
- Other school-aged assessments
- Family, friends, or direct support professionals' observations, observations



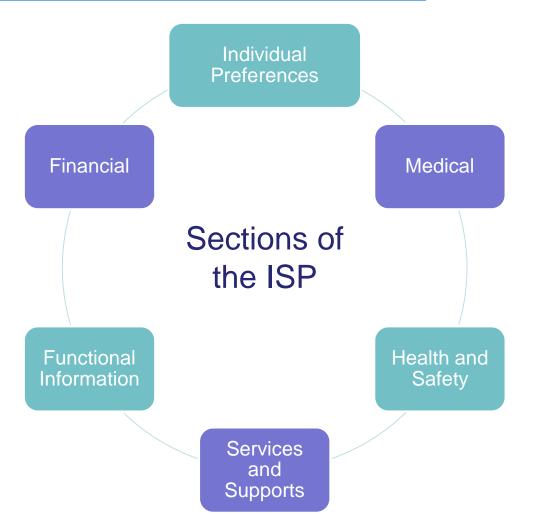
ISPs are completed in a standardized format in the Home and Community Service Information System (HCSIS).

ISPs are completed upon initial registration and annually thereafter. They are also updated as the needs of the individual changes.



Individual Support Plan Sections





Additional Resources



ASERT (Autism Services, Education, Resources and Training): http://www.paautism.org/



Bringing autism resources together

MyODP Training and Resource Center:



https://www.myodp.org/



If you or someone you care for is in need of long-term services and supports but are unsure of where to start when searching for benefits, try the <u>Information</u> <u>Referral Tool</u>. A short questionnaire will point you toward the help you need based on your needs.



^{5/14/2020}Pennsylvania Department of Human Services <u>www.dhs.pa.gov</u>

COMPASS





Pennsylvania's fast and easy way to apply for health and human services. With the click of a button you can learn about benefits, see if you might qualify, apply, and renew your benefits when required.

A SINGLE ACCESS POINT FOR:

HEALTH CARE COVERAGE • SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) FREE OR REDUCED-PRICE SCHOOL MEALS • CASH ASSISTANCE • CHILD CARE WORKS LOW-INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP) • LONG-TERM LIVING SERVICES – HOME AND COMMUNITY BASED • LONG TERM LIVING SERVICES – NURSING HOME AND RELATED FACILITIES

WWW.COMPASS.STATE.PA.US · 1.800.692.7462 // HELPLINE



The Pennsylvania Office of Long-Term Living



As of January 1, 2020, The Office of Long Term Living offers 2 Home and Community-Based Waivers

- Community HealthChoices (CHC) Waiver
- OBRA waiver

This is a helpful PDF that discusses CHC:

http://www.healthchoices.pa.gov/cs/groups/webcontent/documents/doc ument/c_237795.pdf

This PDF outlines some of the services available through CHC: <u>http://www.healthchoices.pa.gov/cs/groups/webcontent/documents/doc</u> <u>ument/c_268957.pdf</u>

Eligibility Requirements



OBRA Waiver:

- Age 18-59
- Have a severe developmental physical disability requiring an Intermediate Care Facility/Other Related Conditions (ICF/ORC) level of care. The disability must result in substantial functional limitations in three or more of the following major life activities:
 - Self-care, communication, learning, mobility, self-direction and capacity for independent living.
- Meet the financial requirements as determined by the local County Assistance Office.
- Other related conditions (ORCs) include physical, sensory, or neurological disabilities which manifested before age 22 and are likely to continue indefinitely.

Eligibility Requirements



CHC Waiver:

- Age 21+
- To be eligible for long-term services and supports, applicants must meet the financial eligibility and be determined Nursing Facility Clinically Eligible through the Function Eligibility Determination process.
- The IEB will schedule an in-person assessment which will be conducted at the applicant's home, in a hospital, or in a nursing facility. This will determine the applicant's need for long-term services and supports.
- The IEB will also help with the completion of a Medicaid application, which is sent to the county assistance office.

OLTL Waiver Services



- Home and community-based long-term services and supports in the CHC and OBRA waivers include:
 - ✓ Adult Daily Living ✓ Assistive Technology ✓ Behavior Therapy ✓ Benefits Counseling ✓Career Assessment ✓ Cognitive Rehabilitation Therapy ✓ Community Integration ✓ Community Transition Services ✓ Counseling Services Employment Skills Development ✓ Financial Management Services ✓Home Adaptations ✓Home Health Aid Services ✓ Home Delivered Meals ✓ Non-Medical Transportation ✓Nursing

- ✓Nutritional Consultation
- ✓Occupational Therapy
- ✓ Personal Assistance Services
- ✓ Personal Emergency Response System
- ✓ Pest Eradication
- ✓ Physical Therapy
- ✓ Job Coaching
- ✓ Job Finding
- ✓ Residential Habilitation
- ✓ Respite
- ✓ Specialized Medical Equipment and Supplies
- ✓ Speech and Language Therapy
- ✓Telecare
- ✓Vehicle Modifications



Job Finding - Identifies and/or develops potential jobs and assists the participant in securing a job.

Job Coaching - Individualized services providing support to a participant, who needs ongoing support.

Employment Skills Development - Services that provide learning and work experience including volunteer work, where the participant can develop strength and skills that contribute to employability in paid employment.



Career Assessment - An individualized employment assessment used to assist in the identification of potential career options based upon the interests of the participant.

Benefits Counseling - Is a service designed to inform and answer questions from a participant about competitive integrated employment.

- Benefits Counseling specifically contributes to financial empowerment because it identifies how and whether employment will result in increased economic self-sufficiency and/or net financial benefit through the use of various work incentives.
- The service provides information to the individual regarding the full array of available work incentives for essential benefit programs including SSI, SSDI, Medicaid, Medicare, housing subsidies, food stamps, etc.



Priority: Transition students from secondary education to adult life. Given the significant investment of public resources preparing young people with a disability to be productive adults, all state agencies must be committed to employment outcomes, innovation, and seamlessness when students with a disability transition from school to work.

Case Information Sharing: State agencies developed and executed data sharing agreements to improve availability of information, service delivery, and outcomes for individuals with disabilities. These efforts include:

State agencies under the Governor's jurisdiction signed a comprehensive data sharing Memorandum of Understanding (MOU) establishing a framework for improving data and information sharing across agencies, sectors, and programs.

Enrollment Information



- To begin the eligibility/enrollment process, please contact the PA Independent Enrollment Broker: 1-877-550-4227 | www.PAIEB.com
- The Independent Enrollment Broker will assist with the entire enrollment process.
- Toll free helpline: 877.550.4227
 Toll free TTY line: 877.824.9346
 Fax number: 1.888.349.0264

Additional Resources



- This is a DHS website link to apply for benefits it includes information about online, in-person and paper application options.
 - <u>https://www.dhs.pa.gov/Services/Assistance/Pages/Apply-for-Benefits.aspx</u>
- Application Guide:
 - <u>http://www.healthchoices.pa.gov/cs/groups/webcontent/docume</u> <u>nts/document/c_268122.pdf</u>



Questions?



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