

Together Towards Tomorrow: Transition Tuesday Series

The "Transition Tuesday" series is designed to continue the momentum of the 2020 PA Virtual Community on Transition Conference. These sessions were to be offered at the conference, but due to the pandemic, were not. The PA Community of Practice on Transition is pleased to feature the following webinar opportunities designed for youth, families, and professionals in the areas of Employment, Family Engagement, Post-Secondary Education, Youth Engagement, and Social and Emotional Health.

Career Exploration Opportunities for Young Adults with Low-Incidence Disabilities November 17, 2020 (2:00 PM – 3:00 PM)

This session will feature onsite internship programs developed in an educational setting, utilizing varying structure, visuals. and transdisciplinary expertise to create meaningful job exposure for youth and young adults with low incidence, complex needs. Individuals with complex needs require exposure to training and opportunities to learn work-related skills. The onsite internship programs to be discussed were developed for individuals with Autism Spectrum Disorders (ASD) and include janitorial work, clerical work, a school store for school personnel only, a coffee cart for school personnel and visitors, and a woodwork shop experience. The presenters will share how they have found it imperative to discuss and instruct on the explicit skills required for internship success. Additionally, the presenters will discuss how the program skills in structured and contrived settings, are used to highlight potential skill development applicable to post-secondary placement, living, and community involvement.

Kimberly Auletta, The Timothy School

PA Family Network: Who We Are and How We Can Help Families Learn, Connect, and Find Supports! PATTAN: Good Life Groups January 19, 2021 (2:00 PM – 3:00 PM)

This session will introduce ALL audience members to the PA Family Network. We will discuss who we are, what we do, how families can benefit from our free services, and how professionals can refer families. We will also, for the first time, roll out our Good Life Group initiative. Good Life Groups are family groups that are supported by a PA Family Network Family Advisor – a local fellow family member! This initiative steps away from the "support group" model and empowers a group-led, inclusive, and multi-faceted approach. The groups are designed to help families and individuals identify what they want in their lives and how to use the LifeCourse philosophy and tools. The groups will meet people where they are ensuring everyone feels

welcomed and supported. Good Life Groups are invaluable for families to network, share resources, plan for life transitions, discuss employment, daily living, respite, safety, technology, and best practices. All facets of life and life stages will be explored. We will explain how to start a group, keep it going and connect any interested families with their local PA Family Network Advisor! This interactive session will show families and individuals that they do have support in Pennsylvania! 75% of people with Intellectual and Developmental Disabilities (IDD) live at home with their families. We must support individuals, in the context of their families, to lead quality lives, while giving them the supports and services they need to lead full and meaningful everyday lives.

Francine Hogan, PA Family Network Diana Morris Smaglik, PA Family Network

You Can't Go Back When the Future Is Here: Student, Parent, and College Transition Timelines February 23, 2021 (2:00 PM – 3:00 PM)

The complex journey from K12 to higher education can be confusing, and without appropriate supports and prior knowledge of the transition system, including crucial transition timelines, individuals with disabilities and families can feel lost. They often experience "gaps" where students feel vulnerable and struggle or even fail. This presentation is designed to provide information to students, parents, school staff, and transition support services. The presenters include a parent of a child with disabilities who has successfully graduated from college, a disability services coordinator at a university, and an assistant professor of special education. Participants will learn key "timeline to transition" information to aid in successful transition planning. When equipped with information about necessary steps and timelines to work through the transition process, students and families can prepare for college more successfully.

Kayla Mohney, Lock Haven University Tulare Park, Lock Haven University Carol Rogers-Shaw, Pennsylvania State University



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It's My Life and This is How I Want to Live it: Self-Directing Waiver Services in PA

March 30, 2021 (2:00 PM - 3:00 PM)

What is Participant-Directed Services (PDS)? How Does PDS work for people with intellectual disabilities, physical disabilities, and/or autism in Pennsylvania? "Participantdirected" means that you are directing your own services. You are responsible for choosing, hiring, training, managing and sometimes firing your own supports. If you have questions or want to learn more about self-directing, this session is for you! Let's get real about "living your everyday life" and what "independent living" can mean for you. The presenter will address the role of the supports broker, and how the broker helps make PDS a reality. Why the supports broker service should be replicated for people with physical disabilities. How "services my way" increases choice and control for people with physical disabilities. The importance of person-centered planning in empowering all people, regardless of disability. who want to self-direct will also be discussed.

Jamie Ray-Leonetti, Temple University

Friendships: Building a Good Life May 18, 2021 (2:00 PM – 3:00 PM)

Throughout this session, participants will be able to review the principles and philosophy regarding the importance of friendship development for people with disabilities. Participants will be able to identify barriers to friendship development and review strategies for active friendship facilitation relevant to their role.

Tammi Morton, The PEAL Center Diane Perry, The PEAL Center

REGISTRATION

Please register online by visiting the PaTTAN website at www.pattan.net.

After registering you will receive a confirmation email containing information about joining the Webinar, including the Zoom link.

No continuing education credit (Act 48) will be offered. Certificates of Attendance will be available 30 days after the events.

CONTACT INFORMATION

For questions regarding registration, contact: PaTTAN East – Debra Jordan, <u>djordan@pattan.net</u>, 800-441-3215, ext. 7224

For questions regarding content, contact: Pattan East – Kim Cole, kcole@pattan.net, 800-441-3215, ext. 7246

