**Self-Advocacy & Self-Determination**

**Instructions**: Complete the following questions with what is best for you.

1. You are invited to your first IEP meeting, you are a bit nervous for fear this is to point out the things you need to do better. How do you express your concerns for this IEP? Who should you talk to? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. You enter the room where your IEP is happening, you are intimidated by the room full of people. What do you think should occur to help you feel more relaxed with all these people present? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. It is time for you to introduce yourself and you are encouraged to share what it is that you desire to do in your future, a chance to self-advocate for yourself! What should you say? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. All the professionals and your parents have shared what they feel you should do with your life or what they see you excelling at. Imagine that you were okay with all of the input provided, what should you say? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. Now, imagine if you were not pleased with what the professionals and your parents had to say during this IEP meeting, what might you say? \_\_\_\_\_\_\_\_\_

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1. Your parents don’t feel you should attend this IEP, how will you advocate for yourself so you can attend and share your future goals? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. Picture yourself in your graduating year, you have felt like you have had so much help and guidance but now you really need to speak up. What do you think you would say years later after having several IEP’s and now being very near the gates of graduation? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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