

BALANCING LIFE, WORK, AND EVERYTHING IN BETWEEN

Decision Making Tool

1.	Does this	(activity, task, job, responsibility, commitment) fit with
	my goals?	
2.	Does this	(activity, task, job, responsibility, commitment) draw on
	my strengths?	
3.	Does this	(activity, task, job, responsibility, commitment) energize
	me?	
4.	Does this	(activity, task, job, responsibility, commitment) make a
	contribution to my organization, my community, my life, the world (or	
	whatever the right scope is)?	
5.	Am I the only person who can do this (activity, task, job,	
	responsibility, commitment)?	
6.	Why are you asking me to take on this (activity, task, job,	
	responsibility, commitment)?	
7.	Do I care about the person who is asking me to do this (activity,	
	task, job, responsibility, commitment)?	
8.	Do I have the time to do this (activity, task, job, responsibility,	
	commitment)?	
9.	Do I have the skills (or am I interested in acquiring the skills) to do this	
	(activ	vity, task, job, responsibility, commitment)?
0.	If I do this	(activity, task, job, responsibility, commitment) what wil
_	I *not* be doing or what will it take the place of?	



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