Bekkah's Top Picked Resources

SEX ED RESOURCES

Amaze.org: Sex education videos on all topics for youth. Parent and educator videos/ resources also available. Website and all videos are available in Spanish too! <u>AMAZE.org</u>

In Case You're Curious (ICYC): Free and confidential text line to ask sexual health and relationship questions to a real life sex educator. Youth text 'ICYC' to 57890 | Educators text 'SEXED' to 57890

Advocates for Youth: National sex education and advocacy organization. Access to many resources. advocatesforyouth.org

Love Is Respect: National relationships resource for unhealthy and healthy relationships education and support. Can use information, handouts, worksheets and posters. <u>www.loveisrespect.org</u>

Trans Student Educational Resources: National organization focusing on queer education. Can use information, handouts, data and posters. transstudent.org

HEALTH CARE RESOURCES

Larimer County Public Health Department: Confidential sexual health services for teens on a sliding scale or free. | Call 970-498-6767 or Loveland Office 970-619-4580 | Sexual Health Services Info

BC4U at Children's Hospital: Free and confidential sexual health care for people under the age of 25. <u>bc4u.org</u> | Call 720-777-2248 | Text Questions 720-593-9880

SEXUAL VIOLENCE & PREVENTION RESOURCES

SAVA Center: Sexual assualt victim advocate center and 24-hour rape crisis hotline serving Northern Colorado. <u>savacenter.org</u> | Crisis Hotline 970-472-4200

The Blue Bench: Sexual assualt prevention, advocacy and resource center for Colorado. Provides low cost and free therapy for survivors of sexual assualt. thebluebench.org | Crisis Hotline 303-322-7273

Other great resources to checkout include <u>PowerToDecide.org</u>, <u>www.bedsider.org</u> and <u>beforeplay.org</u>.