

Resources for Professionals:

Elevatus Training: Offering evidence and trauma informed curriculum, with on/offline training to help professionals, educators, self-advocates and parents skillfully and confidently navigate the topic of sexuality and healthy relationships.

www.elevatustraining.com

Elevatus Resource Page: Articles, tips and tools, and websites

<https://www.elevatustraining.com/resources-2/>

Elevatus E-newsletter Sign Up

<https://delevatustraining.us11.list-manage.com/subscribe?u=80766bdd8c5620d45566d1f58&id=c3a9bb8f5a>

Sex Ed for Self-Advocates: A sexuality and sex education resource specifically written for people with the autism spectrum age 15+. Organization for Autism Research (OAR)

<https://researchautism.org/sex-ed-guide/>

Sex Ed By and for People with I/DD: Videos

By: National Council on Independent Living (NCIL)

<https://ncil.org/sex-ed-for-individuals-with-i-dd/>

Healthy Bodies: A Parent's Guide on Puberty for Girls and Boys with Disabilities

By: Vanderbilt Kennedy Center

<https://vkc.mc.vanderbilt.edu/healthybodies/>

SIECUS Sexuality Information and Education Council of the US

An organization dedicated to advancing sex ed for social change.

<https://siecus.org/>

NPR Series

Abused and Betrayed: Individuals with I/DD and an epidemic of sexual assault.

<https://www.npr.org/series/575502633/abused-and-betrayed>